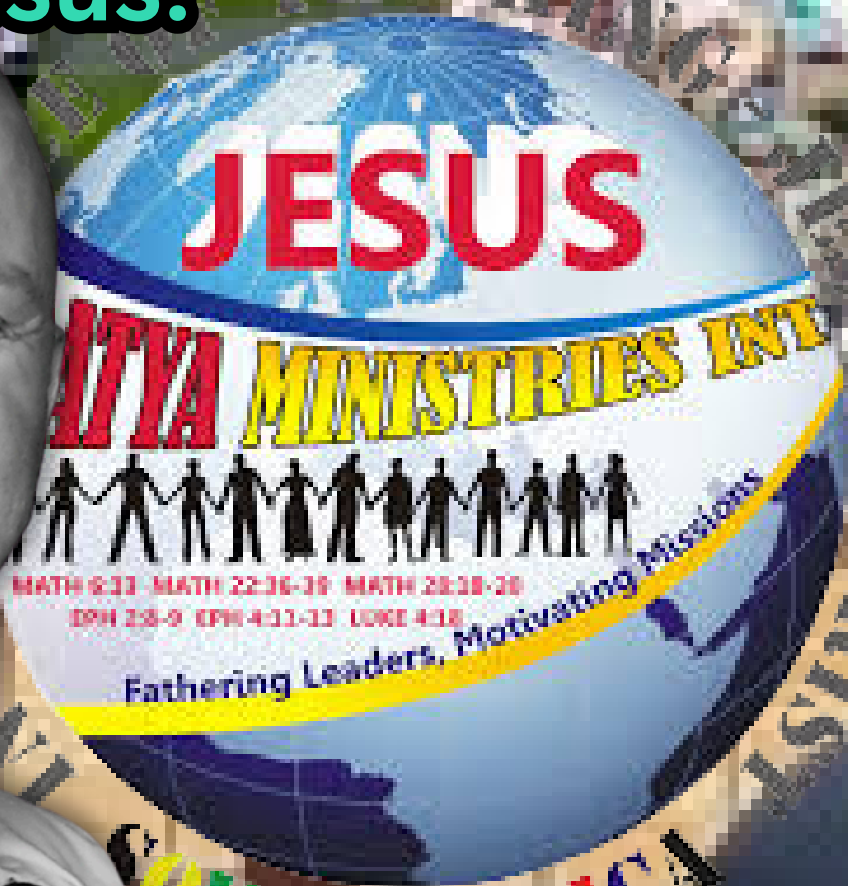


KEEPING JESUS BEFORE PEOPLE

TESTIFY MAGAZINE

**Darrin Erskine - It's All About
Jesus!**



JULY 2024

Go Big Publications www.gobigpublications.com

TESTIFY MAGAZINE

JULY 2024 EDITION



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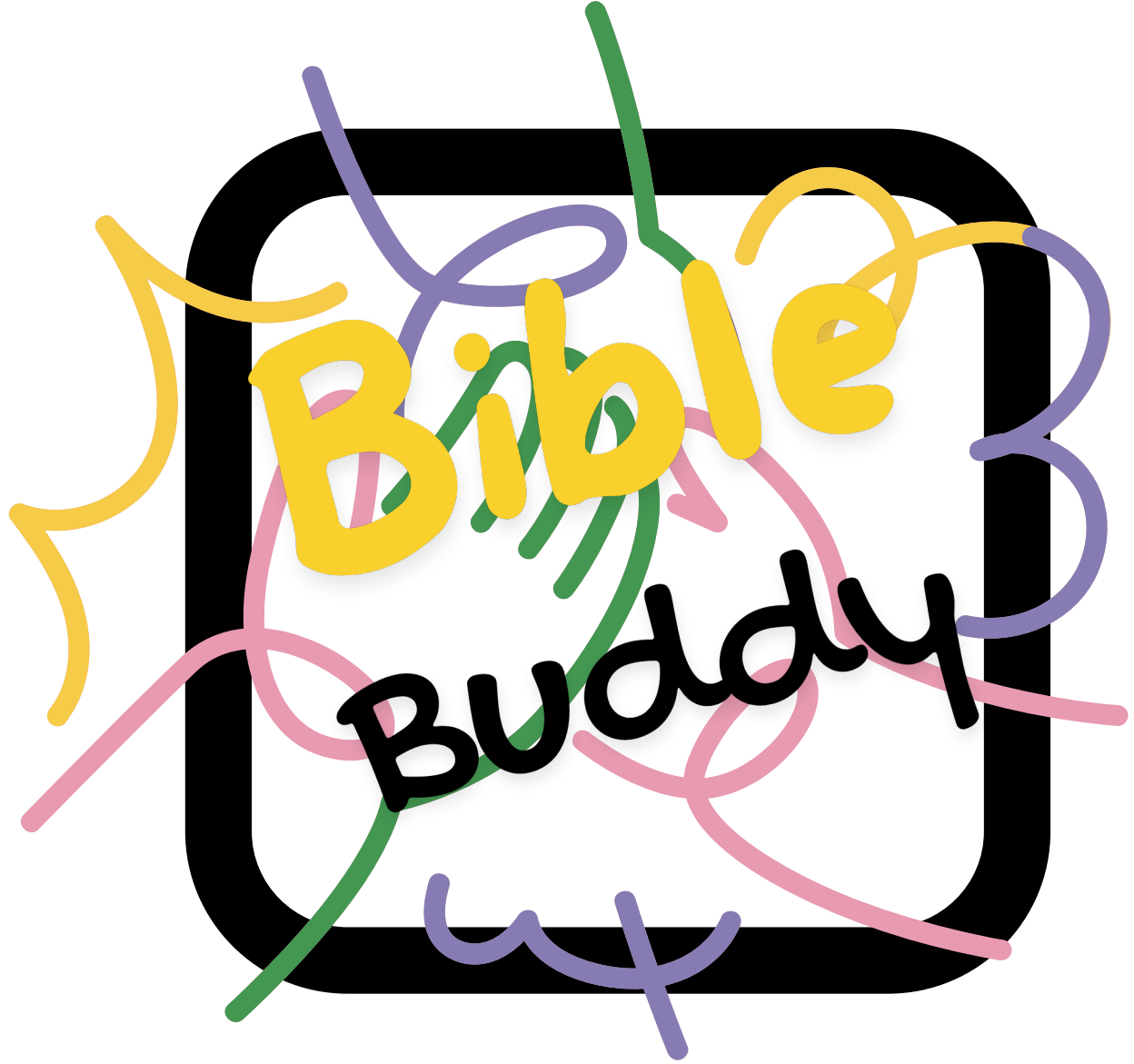


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ARE YOU LOOKING?

1

Are you looking? This is the question I am asking this month, and the response will be, looking for what?

Are you looking for opportunities of giving, loving, hearing, supporting and doing within God's Kingdom?

The work is great and so many are in need, so many people are doing but do not have enough, so many people are asking but enough are hearing or listening, and so much is needed to make projects a great success.

Please get onboard and assist us in whatever way you can, we cannot do this on our own.

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Then our next challenge that we would like to overcome is:

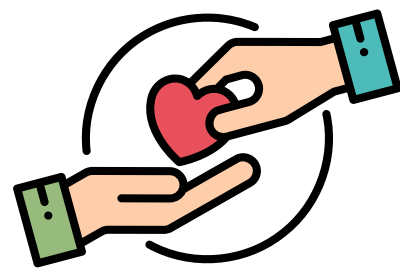
2. Our Children's Section.

We are looking for somebody to take ownership of this section and write for us every month in order to better our magazine and bless our children readers.

If you can help in these regards please contact me asap!

Blessings

Mark



DR DARRIN ERSKINE

FROM TRAGEDY TO SERVING THE KING OF KINGS.

2



I have had the privilege of knowing Darrin Erskine, or Dr D as we affectionately call him since our schooling days but rekindled our friendship since 2012.

We started ministering within the framework of God's Kingdom and ministered together in various ways, and especially at that time to offenders and their families. If there is one thing that I can commend him on, and there are many, is his GREAT Faith in God and his undying love for Jesus Christ. His passion for the Gospel and people is infectious, and even those whom do not believe would have to truly say that there is God after spending just a short period of time with him.

Darrin has a heart for people and a love for seeing people benefit from the Gospel, hence his ministry is a story all of its own. He and his amazing family have been ministering in South Africa and living in other African countries amongst the local population, not only talking about Jesus but practically showing their love and commitment towards God.

Darrin has not had it easy as he was involved in a freak motorbike accident which, by way of a miracle, has allowed him to be

with us all these years since then, to the Glory of God. The accident sadly has made Darrin to make do with only one leg, but that has not stopped him in any way in doing what God has called him to do.

I stand amazed at how God uses people and despite challenges and all kinds of hardship in order to prove the point that Faith is a substance that allows us to be who He has called us to be, not the opinions or utterances of others.

Darrin and his family live in the beautiful mountain area of Haenertsburg in the Limpopo Province of South Africa where he has a base camp ministering to those who God has called by means of a training centre and individual who give a year of their lives to minister in God's Kingdom. This is certainly something to consider if you want to be used of God.

Please consider supporting him and his family!

May God bless you!

Mark Page
Friend, Brother In Christ and
totally blown away!



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Datya Ministries International is a Jesus Family, operating within God's Kingdom Family. We are called to "Father Leaders and Motivate Missions" and do that on the Foundation of all Foundations, Jesus Christ (Gods word), led by the Holy Spirit.

At Datya Ministries International we disciple any person/people led to us or whom we are led to, in and through a relationship with Jesus Christ, Father God, and Holy Spirit, on the basis that each person (Spirit, Soul, and Body) gets systematically transformed through the Grace of Jesus Christ by choice, faith, and action in their belief in the word of God, to understand emphatically that God loves them, that they are accepted and that He has an awesome calling and purpose for them, their families and communities. And to then go out to do the Great Commission – Evangelise & disciple those Holy Spirit leads them to.

OUR OBJECTIVES

Train Evangelists from all walks of life, from a self-sufficient multi-purpose Ministry Hubs & Training centers, situated locally & Countrywide, providing training to called evangelical Leaders, in all areas of commerce, government, sports, arts, Ministry & Missions to become global Christian Leaders &

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Establish this Training Hub & create an enabling environment for spiritual, moral, educational growth and support for Evangelical Training.

Engage in fundraising activities, income-generating initiatives and operate social enterprises.

Establish and engage in collaborating partnerships, affiliations and networking with other Kingdom-minded organizations, networks, churches, businesses, and Ministries.

DATYA INTERNATIONAL MINISTRIES

BELIEVE IT, LIVE IT

To be convinced in our hearts that we have forgiveness of sins and peace with God by grace alone is the hardest thing.” – Martin Luther. Our fallen nature seems to love reminding us that we are not good enough to receive God’s grace, the complete forgiveness of all our sins, past, present, future, and so much more, which in turn hinders our relationship with God by stealing our peace (a personal knowledge that we may go to God directly in a real and true relationship). As Martin Luther says in the quote above, “it’s the hardest thing”, why is it so hard to just believe and receive?

Well, because we don’t believe that we are good enough, and we as human beings have felt that since the very beginning, from in the garden of Eden “The man and his wife were both naked, and they felt no shame” – Gen 2:25. To the next chapter of fear and hiding in shame “He answered, “I heard you in the garden, and I was afraid because I was naked; so I hid” –Gen 3:10. God’s Word is very clear, that once we have chosen to trust Him with all our heart, that His Grace will do in us that which He has spoken in His Word, the Bible. All we need to do is to renew our minds in His truth (Rom 12:1-2). His truth has set us free, we just need to choose to believe it and live it.





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OUR VISION

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To equip and inspire strategically positioned leaders to more effectively demonstrate and present the Gospel of Jesus Christ and to prepare others to do the same.

Darrin has been part of Haggai International and has been President of the South Africa part of the Organization for the past 2 years, he has now handed over to the new President.

From ruining people's lives to helping them!

My name is Daylien Ernest van der Lith. I am 22 years old and am a proud resident and volunteer at Freedom Recovery Centre.

Growing up I was always surrounded by alcohol. My parents would drink heavily and it always ended up in fights. They were not bad people - they just had bad habits. Habits I would eventually pick up...

I started off by stealing my step father's whiskey at the age of 9, drinking out of curiosity. Needless to say, I enjoyed getting blackout drunk. This became a weekly routine since it was easy to get away with, as my parents would drink every night.

At 15 is when things really started to spiral out of control. My mother had a stroke and whilst she was bed ridden - my step father was having an affair with the nextdoor neighbour. This is when I started smoking cigarettes, weed and drinking even more. I stopped attending school.

My step father broke things off with my mother and sent her away. A week after this, he and the neighbour decided to live together - I was stuck with a family that I didn't want. I held a lot of

resentment towards him. Our relationship deteriorated rapidly until his ex-wife eventually adopted me. By the time she adopted me I was already out of it. At 16 all I cared about was smoking weed, drinking alcohol and hanging with friends. I wanted to waste my life away and I did exactly that.

Shortly after turning 17 my adoptive mother was fed up with me and sent me back to live with my biological mother. She had made a good recovery from the stroke but suffered with memory loss - I took full advantage that. I started using CAT and would steal money from her. She tried her best to send me back to school but I wasn't interested.

At 18 I managed to get a job on a farm and started earning some money. I began to develop an attitude and became very disrespectful towards my mother. As a result she wrote me off completely. After this I fell off the rails even more - I lost my job, the place I was

living and went to live on the streets. I had nothing, no home, no money, an empty stomach and no one to phone.



I would introduce people to meth so that I could manipulate them in order to support my own habit.



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To cope with the cold and no food, I started using meth. I reconnected with an old friend and he took me in. This was supposed to be a good thing for me but I just taught him how to use meth and that was all that our friendship revolved around. I would introduce people to meth so that I could manipulate them in order to support my own habit. I introduced a girlfriend to meth just to see how she would look and behave whilst using.

This carried on for another 2 years. I lost myself completely and even started a cult with my friends. I ruined a lot of peoples' lives in the process. I did this for selfish gain. Spiritually, I was dead and the worse things got, the more I "enjoyed" it. Eventually my peers got tired of me and wanted to ruin me.

Out of desperation I contacted my stepfather and went to live with him again. No matter how much I denied or tried to hide it, he knew I was using drugs. We made amends but I was still very selfish and did not care about others or my future for that fact. Shortly before my 21st birthday, my stepfather passed away in a motorcycle accident. I was using so much drugs that I had no idea what was happening around me and was out of touch with reality. His wife at the time



If someone like me, someone that wanted to see the world burn, could change and become a new man – SO CAN YOU!

spoke to my uncle and they decided to send me to rehab.

I came to Freedom Recovery Centre to start a new life. The staff and counsellors worked with me tirelessly with me to deal with my emotions and live a sober life. I have learnt discipline, which I never thought was possible. They taught me how to forgive myself and in the process of that I was given a fresh start.

Thanks to the staff at Freedom Recovery Centre, I am a born again Christian that now also volunteers at the centre – where I live a clean and healthy life. They also support me in my music and artistic talents.

During my time here at FRC, I have seen many people come and go – many people changing their lives around. If someone like me, someone that wanted to see the world burn, could change and become a new man – SO CAN YOU,

It's never too late to reach out and get help. If I could get a second chance, so could you. I promise you won't regret it.

Thank you to everyone at FRC and to all the people along the way that have only seen the good in me.

And most of all our Father God, who never gave up on me, even when I gave up on myself.



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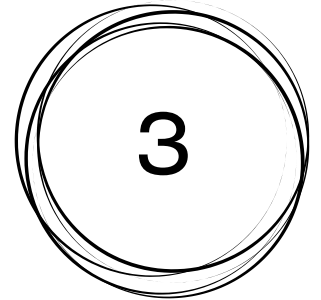
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TRANSFORMATIONAL DISCIPLESHIP

BY PASTOR MIKE GOBEL

THE DISCIPLINE OF *DISCIPLESHIP*



Discipline #5: The Discipline of transforming the mind.

“Therefore, I urge you, brothers in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God – this is your spiritual act of worship. Do not conform any longer to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is – his good, pleasing and perfect will.”

Romans 12:1-2

Dear brothers and sisters in Christ, I urge you to recognize that there has never been a more crucial time for the church and the body of Christ to ignite the power of ‘mindful faith’ and ‘purposeful action’ in our Christian walk with God through the transformative ‘renewing of the mind.’ This **renewal** enables us to train and equip our minds to



become more connected, effective, proactive and attuned to God's will, aligning our thoughts and actions with His divine purpose.

This **empowerment** also enables us to become vessels for the Gospel's advancement and the growth and maturity within the kingdom of God. The Kingdom cannot expand without the body of Christ willingly sharing Christ's message with a lost world. Similarly, the Message cannot be understood by the world if we are not trained and equipped to share the message effectively and accurately as it was written. As we mature in our faith we align with God's will and the Holy Spirit ignites a desire within us to share the message of God's love with the rest of the world. Therefore, it is crucial that we understand our role as individual believers in the kingdom's growth and unity.

Recognizing our role as disciples and ambassadors of Christ's unadulterated Message will lead to spiritual maturity within the body of Christ and will strengthen our fellowship with Christ.

The aspiration of discipleship is to walk with love and to obey God. To obey Him, we must discern His will, as Romans 12:2 instructs. We must offer ourselves as holy sacrifices,

breaking free from the world's patterns of sinful behaviour, and undergo transformation through the renewing of our minds.

This discipline is pivotal, affecting many aspects of our faith and service to God. Without this transformation, we remain conformed to the world's patterns of thinking, behaviour and lifestyle.

Worldly Patterns of Behaviour

Our natural upbringing shapes us significantly, influenced by family, culture, religion, technology, and society. Our values, attitudes, desires, and belief systems are formed early on, often without us realizing it.

Fathers play a crucial role in shaping these early patterns of thought and behaviour, which can impact our relationships and worldview. While some may rebel against these patterns, they often resurface later in life. When we come to Christ, we're born again and many changes occur, but old patterns and habits may persist.

I experienced this firsthand, growing up without a father or parental guidance, far from God. But when I gave my heart to Jesus at a youth camp at the tender age of sixteen, I experienced a miraculous

transformation. Unfortunately, I soon realized that when I distanced myself from the things of God, like going to church, reading the Bible and praying, old patterns and thoughts resurfaced.

When we submerge ourselves in the things of God, we automatically find ourselves conforming to the will of God but the minute we remove ourselves from those godly patterns that is when the enemy gets a hold of our minds and begins to transform our patterns of behaviour and habits with worldly sin and ungodliness.

If we desire to follow Jesus, to know Him, love Him and serve Him, then we need to deal with the worldly habits and sinful or distracting thoughts that co-exist in our minds and that hinder our spiritual growth and maturity in Christ. Even the most organized people - on the outside - often have chaos in their hearts and minds. Prayer and going to church become a struggle as they battle to concentrate on the things of God. When it comes to our thoughts there are many issues involved. Our background, upbringing and cultural problems are just part of the picture. We must never forget that as we enter the 'spiritual world,' we enter a domain where

the Bible tells us that, **“For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.” Ephesians 6:12.**

Satan will do anything to hinder your spiritual growth and your multiplication through discipling others for Christ. Often when our thoughts are a minefield, or sudden sinful thoughts enter our minds, we can be sure that these are attacks from the enemy. We need to learn the art of 'spiritual warfare' to overcome this problem. Fortunately, the Lord has provided both defensive and offensive weapons that we can use.

Look at **Ephesians 6:13** and further: **“Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word**

of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.”

The disciplines that I have tried teaching you over the last few months will come under attack, but it is also these disciplines that will bring you victory. Studying the Word and knowing it, is to have a mighty weapon in your hand. Praying in the Spirit is the way we defeat the attacks of the devil to keep us from praying.

We need to keep on keeping on. We need to push through to victory even when the struggle is harsh.

Ephesians 5:15-20 says: “Be very careful, then, how you live – not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore, do not foolish, but understand what the Lord's will is. Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit. Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.”

Another area of attack on our minds, while trying to exercise the disciplines of faith, is that of interruption by the normal issues of life. People, noise, a telephone call, a family crisis. Avoid interruptions by planning your quiet time or by retreating to a quiet place. If necessary, ask those around you to protect your solitude by dealing with interruptions for you.

Pray against interruptions. Ask the Lord to protect your time with Him. Furthermore, choose not to be distracted. If necessary, stop, deal with the issue and then refocus – this is a discipline that needs to be learnt. Whatever happens, don't allow yourself to get angry, explode or be rude - this will almost certainly result in the interruption becoming a total distraction.

One of the greatest influences on our thought pattern is simply choice. We choose what we allow our minds to dwell on. We daydream, fight imaginary fights and allow ourselves to dwell on negative topics. It is in our minds that sin starts. It is here where we allow ourselves to ponder temptations, desire sensual fulfillment, envy what others have, lay plans for evil and think negative thoughts about others.

We allow ourselves to worry, to take our lives out of God's hands and try to be the masters of our own destiny. Just the act of worrying and dwelling on potential negative outcomes to our life situation is a proof of a lack of 'mindful faith.'

As disciples we should be following in Jesus' footsteps, but we should also be holding His hand. We walk in the shadow of the Almighty and He protects us and provides for us.

Godly Solution

Look at God's solution and the start of transformation which is found in **Phil. 4:4-9: "Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. Whatever you have learned or received or heard from me, or seen in me – put it into practice. And the God of peace will be with you."**

God says we must rejoice - always. Then He repeats it, He actually means it - rejoice! This is a command that must be obeyed.

Rejoicing is a discipline - a discipline that will lead us away from sadness and depression. If God is in your heart, if you have accepted His Spirit to come and live within you - how can you be negative in His presence. You see the first step or key to transforming the mind is choice, then as you begin to focus on God instead of yourself your heart starts to tune in to the things of God, and before you know it you are rejoicing. **Matt. 6:21: "For where your treasure is, there your heart will be also."** As a good steward of your time, you choose to rejoice - even when you don't feel like it, your heart will soon follow.

Next comes a direct command: **"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God."**

This call to prayer is one of the most powerful workout machines in our 'spiritual transformation.' You need to work at it, exercise it with regularity and a new spiritual fitness will bring great reward – the reward of God's peace. A peace no one can truly understand.

You must choose to hand over everything to God – your marriage, family, children, business, job, finances and your mind – everything needs to be given to God. You need to choose to lay at His feet. It is at the point of surrender and submission that God comes and takes control of the situation.

Now comes the next step – ‘thought replacement.’ Rather than worry, rather than a mind filled with sin or a mind in turmoil and chaos- choose to fill your mind with the things of God: **“...whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.” Phil. 4:8.**

Train your mind to focus on the truth (God's Word), on what is noble (God's character), what is right (God's will), whatever is pure (the Holy Spirit), whatever is lovely (the person of Jesus), whatever is admirable (God's provision), if anything is excellent or praiseworthy (the works of Christ). A mind tuned into God and the things of God will become a powerful tool against the attacks of the enemy. The next step is that of ‘intentional discipleship’ – that is the part I refer to as ‘purposeful action.’ You need to choose to actively do God's will.
Verse 9: “Whatever you have learned

or received or heard from me, or seen in me – put it into practice. And the God of peace will be with you.” Obey God's will and He will be with you - every step of the way.

Choosing to hand over all your needs to God will bring the peace of God into your life. Obedience to His will, will bring the God of peace into your life.

Now we are ready to go back to verse 1 of chapter 12. When your mind is being renewed, and your attitudes and character transformed, you can put yourself fully on God's altar for Christian service and devotion. If your mind is right, you won't sin in the body. Your body will be disciplined to be holy, to do what God wants it to do. Not doing according to the patterns of the world. This is worship: Heart, mind and body totally given over to God.

Paul continues this idea of worldly patterns in 2 Cor. 10. Here he couples them directly to the devil in which he says, **“...who think that we live by the standards of this world. For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish**

arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. And we will be ready to punish every act of disobedience, once your obedience is complete.” 2 Cor. 10:2b-6.

All of that baggage we bring with us because of our background and our past experiences, philosophies, ideologies and worldviews are at war with Christ – and our minds are the battlefield. We need to be transformed and then attack - break down and destroy those strongholds. First, we take captive every thought and make it obedient, then we take up arms against the lies and destroy it with the truth.

‘Spiritual awareness’ is very important. We need to realize what is happening to us and then we need to make corrections to counteract the enemies’ attacks. Taking each thought captive is foreign to the natural (sinful) man - but will become natural as you choose to take **‘purposeful action’**.

This is not a onetime battle, nor is it easy. The discipline of ‘renewing your mind’ will take time, be costly and will require discipline, commitment, obedience and effort. Over time the old patterns of

thinking will be broken, and new attitudes will emerge.

As we spend time in the radiant presence of Jesus, His image will be burned into us – ‘develop the mind of Christ.’ We must rip up the old foundations laid by our parents and society; and begin to build our new foundation on the Rock – which is Christ.

Ephesians 4:22-24 says: “You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness.”

Choice is the key: **“Therefore each of you must put off falsehood and speak truthfully to his neighbour, for we are all members of one body. "In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold. He who has been stealing must steal no longer, but must work, doing something useful with his own hands, that he may have something to share with those in need. Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who**

listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. Be imitators of God, therefore, as dearly loved children..." Eph. 4:25-5:1.

This is discipleship. Putting off the old and putting on the new, imitating the ways of Christ, living "a life of love" and desiring to present ourselves as a holy offering **"...just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."** Eph. 5:2.

Discipleship should never be lazy. We work at being like Christ. We choose to be transformed. We renew our thinking by choosing what our minds may dwell on. When sinful thoughts persist, we take them captive in Jesus' Name and make them obedient to Him.

Out of this, new patterns of thought and behaviour and attitude will arise. I am no longer given over to my past, I don't do things the way I used to, I don't see people or the world through human eyes and what I do is no longer determined by a sinful and chaotic life I once lived.

As we follow in His footsteps and become more and more like Him, we too will be recognized for our similarity to Jesus – not in power or might but in character, behaviour and Godly lifestyle.

Often when we look at a child with a distinct facial characteristic or even a mannerism which reminds us of His father we say: "That's John's son we see John in Him!" So with time people will look at us and say: "That's God's child - see how much of His Father is in him." May we be worthy of the name "child of God."

May God bless you and keep you. May God make His face to shine upon you and give you peace. Amen.

If you wish to support my ministry or the efforts of Planting Hope Foundation to bring the Gospel of Jesus Christ to the lost and to help the widows, orphans and most vulnerable people in our region, feel free to contact me on the details below.

**In God's love,
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C O A C H T I N A

I'M COACH TINA.

LIFE COACH | AUTHOR | SPEAKER | ENTREPRENEUR

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I offer a range of transformative services to help individuals unlock their full potential and create a life they love. With a unique blend of coaching, writing, speaking, and entrepreneurial expertise, I empower my clients to achieve personal and professional success. My services provided include:

One-on-One Coaching: Personalized coaching sessions to support clients in setting and achieving your goals, overcoming obstacles, and cultivating a positive mindset.

Engaging Speaking Engagements: Captivating presentations and keynote speeches that inspire audiences with their authentic storytelling and motivational messaging.

Online Courses and Programs: Innovative and results-oriented online courses and programs designed to equip individuals with the tools and resources they need to thrive in various aspects of life.

Through my multi-faceted approach, I create a supportive and transformative environment for individuals to discover their inner strength, overcome limitations, and make positive changes in their lives.

IMPACT YOUTH

BY DINEO MICHELLE MAPHIKE

YOUTH DAY *IGNITE*



My name is Dineo Michelle Maphike, born on the 02 November 2009. I was born in a town called Siyabuswa, Mpumalanga and grew up in Alra Park, Nigel where I am still residing. I am a fellowships at Rivers of Hope Ministries located in Hallgate.

On this Youth Day, let's ignite the flame of passion, purpose, and potential within every young heart. Today we celebrate the vibrant energy

and boundless enthusiasm that defines the youth. You are the architect of tomorrow, the dreamers of today, and the change-makers of the future.

Embrace your uniqueness, your dreams, and aspirations. Let your passion be the compass guiding you through challenging circumstances, and let your courage be the fuel propelling you towards greatness. Remember, every setback is an opportunity to grow, every obstacle is a chance to prove your resilience, and every failure is a stepping stone to success.

In a world that often underestimates the power of youth, remember that you possess the strength, the creativity and determination to shape a brighter tomorrow. Your voice matters, your ideas matter and your actions matter. Seize this moment to make a difference, to stand up for what you believe and

and to create a positive change in your community and beyond.

HAPPY YOUTH DAY, TO ALL THE AMAZING YOUNG HEARTS.



Tarryn Santana Brooks

My name is Tarryn Santana Brooks. I am 17 years old. I reside in Nigel , Alra Park and this is dedicated to all the wonderful father's out there.

The Bible says in Psalms 103:13... as a father has COMPASSION on his children

so the Lord has compassion on those who fear him

See what stands out to me here is the “compassion a father has for his children” ...this simply means to suffer together. That is a father , a person who is always there through it all.

Father's this one's for you.

Anyone can be a father but it takes a real man to be a dad.

The dictionary describes a father as the male version of a parent. Which is true but is that it? Once a child's memory starts to progress, the first person they recall times with is their father.

A father is a hero, a protector and a best friend.

He is their rock. A father is always there when his child/ children need him, he teaches them the importance of hard work and dedication, he always makes sure that they know they deserve the best in life, he is selfless, he always protects, he believes in their dreams and he believes in them, he works hard to make sure they have the best life possible...

Having a good relationship with one's father is essential to provide one with strength, dignity and class.

With a father as a child's best friend they learn to look at life with a different perspective, they appreciate the simple things and have the mindset to overcome any obstacle because "my dad raised me that way"

A father... a role model

Thank you to all fathers who have been just that to their children, happy father's & also to those dads that are reserving for the kids without fathers happy Father's Day to you as well.

We love you and appreciate you.



DeeAnne Delia Hammond

My name is DeeAnne Delia Hammond, I live in Alra Park and I am 17 years old. This is my speech for Fathers

FATHER

protector, teacher and encourager, a person who picks you up when you fall, brushes you off and lets you try again, admired and much loved

often referred to as a son's first hero and a daughter's first love

A father's love is a reflection of God's grace.

A father is many things he is patient, he is a teacher, he is trustworthy and he is someone in whose footsteps I would follow.

A father does not have to have a lucrative job that earns him big bucks but with the little he has he takes full responsibility for the upbringing and well being of his children, he is not only a materialistic provider but also emotionally and spiritually.

Despite all his challenges, he tries his best to make time to be with his

children, and share his love as well as ideas with them. All these qualities I have mentioned sum up what a Father truly is.

Father's we see you and we are grateful to have you.

Happy Father's Day Dad's.



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THE GOSPEL MESSAGE

SHARE IT WITH ALL PLEASE

HAVE YOU ACCEPTED JESUS
CHRIST?

THE GOSPEL MESSAGE

Romans 3:23 ESV

"For all have sinned and fall short of the glory of God,"

The abovementioned verse is an extremely well used verse and many people know it and can even quote it off by heart, but the significance of it is the reality that every single person needs to contemplate.

If you have not accepted Jesus as your Personal Saviour yet or are thin king about it, you have to start here. The reality of your sin problem cancels and disqualifies you from the very presence of God and this bars you from eternal Life. Your choices are simple here, either an eternity with God or an Eternity without God. I would think that the logical answer would be an Eternity with God. Why? Well let's look at this:

2 Thessalonians 1:9

"They will be punished with everlasting destruction and shut out from the presence of the Lord and from the glory of his might"

NASB

This is the reality of a choice that omits Jesus as your Personal Saviour -

= Everlasting Punishment

= Destruction

= Shut Out

= No Godly Presence

= And no Glory at all

This is not something to take lightly and by the way this is not scaring you into making a false decision, God is love, thus we as His followers are love, this means if I say I have the love of God, it is my duty to tell you the truth and point you into the right direction.

So in looking at the sin problem and the reality of this, what is the answer then? Let's look at this:

John 14:6

Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me."

NASB

What a wonderful solution to an immense problem, Go gas made a way and in making the way He has also made it very clear that this is the only answer to the problem. You have to accept Jesus His Son in order to obtain Eternal Life and ward off all the destruction and other bad things spoken about in the previous Bible verse.

It also makes it very clear that this can only be done through JESUS CHRIST His Son, there is no other way to salvation or Eternal life other than through Jesus, NONE!

Let's look at this too:

John 1:12-13

"But to all who did receive him, who believed in his name, he gave the right to become children of God, who were born, not of blood nor of the will of the flesh nor of the will of man, but of God."

NASB

Wow! Just look at this, not only do we get Eternal Life but we become Children of God. The impact of this is massive as it speaks to the fact that we now belong to the family of God and receive the benefits of being part of a family, and not just any family but a royal family (1 Peter 2 vs 9).

So in looking and understanding all of this, How do you accept Jesus as your Personal Saviour?

Romans 10 vs 9-10

"that if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved; 10 for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation."

NASB

Let me just make one point very clear before we look at the above verses, your salvation cannot be obtained by good works, you cannot go to Heaven or be part of God's family because you are a good person, or you do good deeds, No! The Bible makes it clear, if you want to accept Jesus as your Personal Saviour then it gets done on the basis of two things. These two things are critical because it will also help you on your work with the Lord and attain righteousness and a life pleasing to God.



Firstly, you have to confess with your mouth that Jesus is your Lord, this is very important because by your confession God will know and people in the world will know. This is significant because one does not hide a light under a bowl. Everyone must see and hear that you are a child of God.



And secondly you must believe in your heart, with your whole being and understanding that Jesus was raised from the dead and is alive and is your only Saviour.

So if you have read all of this and the Holy Spirit is directing you to accept Jesus as your Personal Saviour please pray the prayer on the next page, God loves you so much.



ACCEPTING JESUS IS EVERYTHING!

PRAYER FOR SALVATION

Dear Lord Jesus,

I understand that I am a sinner and in need of desperate saving, The Bible tells me clearly that the only answer is for me to confess with my mouth and believe in my heart. I am now confessing with my mouth that I am accepting You as my Personal Saviour and believing in my heart that you are alive and well and dwelling within me. Thank you for the gift of the Holy Spirit and the fellowship of other Believers and allow me please to follow in your footsteps. Amen!

Wow! Congratulations if you have just prayed this prayer, and know that you are now part of the family of the Kingdom of God. Please tell someone about your decision, pray all the time and read and study your Bible. Find a Holy Ghost, Bible preaching church and join.

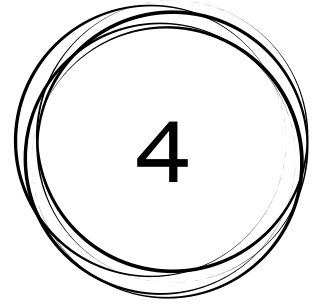
Please let us know if you have made this decision and allow us to point you in the right direction.

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THE HEART OF JESUS

Calling All Saints
Calling All Sinners!



BY PASTOR NOMSA

FASTING FOR SPIRITUAL *BREAKTHROUGHS*

Part 2

Prayer:

Wonderful Father of mercy and grace, we thank you for the Holy Spirit, who is our constant companion. Lord, we thank you for Your Teachings in the Word with regards to Fasting; and we are blessed to know that you are teaching us about Fasting, in order for us to come closer to You; and have a deeper revelation of Who You are; and to have a spiritual intimate relationship with You. May You be glorified as we Fast; and receive as we reap the benefits from this self-denial; continue to dwell with us, inside us, and around us in Jesus Name. Help us to be strong as we fast and



Prophetic Teacher Nomsa
Email: RestorationTRT@gmail.com

keep our bodies in line with God's Word as we continue to honour You in our physical beings, in Jesus Name.

Beloved in Christ,

As mentioned in last month's column, the Teaching on Fasting will be three parts (or four); so, herewith Part 2. In this month's

Teaching we look at promised from God with regards to Fasting, and blessings we receive as a result of Fasting. There are also four basic types of Fasting, and ten distinct kinds of Fasts in God's Word, from which we can learn. These Fasts were done by different people in the old Biblical times, and if you are going to do one of these fasts, please make sure to read the part of your physical body, and what happens to your body while you fast. This part is especially important because Fasting is dangerous and you can die if it is not done in the right way. I trust you will be blessed with this months Teaching. I am praying for all of you to come close to God through Fasting.

God bless you, shalom. Ps. Nomsa

7) PROMISES OF BLESSINGS

In God's Word, there are many promises of blessings associated with a period of fasting:

The answer of prayers, Insight received and Restoration that is done – **Isa 58:9-12**

□ Retribution / gifts from God the Father – **Matt 6:17-18**

□ Joy, happiness, and feelings of rejoicing – **Zech 8:19**

□ Spiritual power over demons / devils – **Matt 17:21; Mark 9:29**

□ Effective fasting brings results – **1 King 21:28-29; Psa 109:24; Matt 15:32; Mark 8:2-3**

There are four diverse types of fasts in the Bible (which you can use as a guide) as it is given by God:

NORMAL FAST - without food for a definite period when you only drink water and juices. The period can be 1 day, 2 days, 3 days, 1 week (7 days), 12 days, 21 days a month (30 days) or 40 days.

ABSOLUTE FAST - no food or water.

This fast is most of the time for only a brief period of time

(usually 24 hours). Moses fasted 40 days without water and food, but you can only do this fast if it is

an instruction from God. Do not try to do it without the instruction from God.

Test the spirit that tells you to fast for 40 days without water and food.

Make sure it is the spirit of God and not a spirit of satan.

PARTIAL FAST - is a fast that allows for certain foods for a certain period. Like once a day. Just vegetables for two weeks like Daniel and his friends that had a partial fast. Elijah did this type of fast twice and so did John the Baptist.

ALTERNATING FAST - It is a fast that alternates between different foods and different fasts, e.g. You can only drink water for three days, and then the fourth day only eat fruit, then three days of water and fruit once a day, etc, etc.

8) MEDICAL APPLICATIONS

If someone did not ingest any food or water for a period of 12 hours, it is considered as fasting. Doctors recommend fasting because it is seen as a type of therapy for various conditions in the body, even from ancient times through to today. Glucose is the body's most important nutrition and is required for nutrition of the brain. If the body does not get glucose for more than 4-8 hours, then the brain takes glucose from the liver (that

stores glucose). If the liver is depleted from glucose, the brain then draws glucose from the muscles for a few days which will help with your fast. If the muscles can no longer supply glucose, then the brain draws from stored "fat"; the amount of glucose that is required. That is why people get so thin through a period of fasting. The fat is literally 'drawn out' and converted to provide energy for the brain. The brain will continue to draw glucose from fat for as long as your body has fat to give. A person's fat level may not be less than 7% and 10% (for males and females) respectively. Bruce Lee did not fast but due to exercise became so fit that his body was only muscles. He had less than 7% of fat in his body and the result of his "over-fitness" was death. Once your fat level is too low it becomes dangerous for you and you may never recover, then you start starving. There have been cases of death due to FAST (Mahamad Gandhi). According to doctors, it is advantageous to do a FAST that excludes calories – It promotes health and withholds cancers, cardiovascular diseases, diabetes, immune disorders, stress, and aging. Through the Greek Orthodox fast you can quickly get rid of cholesterol. According to Dr. AJ Carlson, a good healthy man can go for 50-70 days without food if he is not in appalling conditions (such as

heat in a desert); or not exposed to high stress levels. Human fat is measured at around 3.500 calories per pound. Every extra pound in your body will provide enough energy for a day's hard work. Ten pounds of fat equals 35.000 of calories. Most people have more than enough extra calories to keep them for a few extra weeks without food. While you fast, you should pay attention to it that you do not become 'dizzy' or faint.

Remember that your heart needs a lot of rest when you fast on water – So you need one or two puffs of deep breaths before you rise to give your heart a quick pump or two to avoid dizziness. **If you do become dizzy you should quickly go down on one knee - it will immediately help the dizziness to subside.**

If you are on a fast for health reasons, I suggest you first use 'juice' before fasting on water only. It is almost impossible to fast on water only when your body is used to eat junk food for years as fuel. The fruit juices are filled with healthy cleaning agents and that will allow your body to slowly get rid of the poison in your body. The juice fast can then later be replaced with the water fast.

Juice fasts was also responsible to free (heal) many people from diseases like cancers, leukaemia, hypertension, arthritis, liver disease, skin eczema, alcohol problems and smoking addiction. If you have a sip of juice every time you want to smoke, you can break the smoking habit because you teach your body to use the juice instead of smoking. It is as if the juice will replace smoke. There are several cases of people that stopped smoking in this way.

If you are not experiencing normal stomach flushing while fasting, you need an enema to help your body to secrete the toxins through the water you drink while fasting. (An Enema can be used daily through the first week). It is important that you regularly flush your stomach when you fast. - Especially in the first week, then it will occur less frequently.

In the first week of your fast is it possible that your sinus will began to flow more than normal and can form inflammation (infection) in sinus canals and throat. It is important that you do not develop sinusitis during a fast as it can convert into a cold and then you might as well give up the fast. **You cannot fast while you are ill.** It is advisable to drink lemon water early in the morning of the first week of your fasting to prevent colds, and to make sure that your sinuses do not become

clogged.

You must continually bathe or shower while you fast because your body is getting rid of toxins that move through your sweat holes so your body will feel wet and sweaty while you fast. The human skin is a natural big organ and toxins move through sweat holes that leave an oily layer on the surface of your skin. The smell is very unpleasant and so it is essential that you regularly bath or shower (at least two to three times a day while fasting) - especially during the first week. Remember that your body will produce a few 'spots' on your skin as your body is cleansed by the fast. A pale face is a sign that a person's blood is dirty and that there are toxins in your body.

Sometimes you can see when someone fast simply by just looking at their facial colour after fasting, the face colour appears soft and clean.

Weight loss can be as much as three to four pounds per day for the first week, and then the body will slowly get rid of fat - but still at least one pound per day. A Juice fast will supply the necessary calories you still need daily for your body to function normal. The slower your metabolism, the slower you lose weight. It is important that you not expect quick weight loss. Your metabolism will normalize as the cleaning process continues. Do not be too quick to eat a lot of food when you have finished fasting, your body after a fast is not used to a lot of food and overeating can damage the body and you can become terribly ill or die. You should start eating at a slow pace

Intermittent fasting



Feeding window



Fasting window

again to allow your body to adapt. Start with something like a thin watery vegetable soup.

Back pain may be experienced by toxins that move through the lower back area before they are secreted. The blood vessels that required foods get close to the nerves of the spine. This is what causes back pain. The pain usually disappears after most of the toxins left your body. Slow back exercises and stretching exercises can reduce pain. The enema also helps the back pain.

Your mouth and tongue and your throat are also affected by fasting. Many dead cells and toxins move through the lungs and therefore your mouth will cause an unpleasant smell. Your tongue should be brushed daily (more than three times), and you should use mouthwash products during this time. A person's breath is rotting from the toxins, and it is obviously not pleasant. Remember that your tongue will have layers of toxins and you will need to brush it off. Make sure you regularly wash and brush especially in the first twelve days if you are on a long fast. Your breath will smell like a newborn baby's, especially after twelve days on only water.

Vicious mouth ulcers may also appear due to the persistent accumulation of toxins in the mouth. Unhealthy bacteria will appear between the teeth. To avoid that you develop mouth ulcers you can regularly wash your mouth with sea water or salt mixed with water. If you rub the mouth ulcers with "Tea tree oil" (or Vitamin E oil) the sores will heal much quicker.

Toxins that move through your body because of a fasting can also cause headaches because the muscles of your neck and shoulders contract. It may cause severe headaches. It can be helpful if you massage your neck and shoulders.

[Do not use headache pills while fasting.](#)
The herb "Fever Few" which you can buy in any health shop will help for the headaches.

Your muscles in your entire body may also hurt from time to time because of toxic irritations. Good slow stretching exercises will help here. A full body massage or a hot bath will help as well. In general, your body will feel more tired than usual. Make sure you have enough sleep while fasting.

Another symptom that you should lookout for is nausea. When toxins are released too quickly then there is an overdose of poison in the kidneys and absorbed into the stomach. This physical action can cause sudden nausea. If you drink plenty of water or drink fresh carrot

juice it will subdue nausea.

Again, do not take drugs for nausea.

The release of toxins may damage nerves in your body. Regular physical exercises will slow the intensity of this damage. This will help if you eat a slice of avocado or half a banana. Be cautious however not to eat too much, because it can bring back hunger and then you must restart the fast again.

Remember that your liver and kidneys play a particularly important key role when you fast. Both can be damaged if you are not careful. Because of the toxins that move through these two organs it may irritate the kidneys and/or liver. So, start first with a short fast and see how your body reacts. For someone who has heart disease, remember that your body will need salt so that your blood circulation does not fall too low. Low blood sugar ("Hypoglycaemia") is dangerous - so eat a slice of avocado or banana and drink more fruit juice for a day or two and then you can go back to water-fast again.

Remember, nobody is too old to fast. **A fast is exactly what your body needs to feel young again.**



But I suggest that you start a one-day fast once a week before transferring to a three-day fast, then you can extend to a seven-day fast, and then more so than you would feel. When you just fast to get your health in order and for no other reason, you decide how many days you want to, whether it is 5 days, 10 days or three weeks, the choice is yours.

When you fast for an extended period of time and you get a sudden urge to eat a lot, it is time to break your fast. **You should listen to your body.** Remember your hunger sensation is lost on the third day of your fast, and then you can go for weeks without getting hungry, but once your body begins to long for food - you should listen! Begin eating very lightly when you do start. If you are on a forty-day fast of only water, it is important that during the first week you just drink fruit juice and eat

nothing. Only in the second week after you fast were ended, you can start eating soup, and then slowly start bit for bit to eat.

Now you can begin to eat fruit or cooked vegetables or potatoes.

Never eat meat, bread or "junk food" when you just ended your fast - it may cause stomach cramps and are dangerous! You can die!

Remember the cleaning process that your body just went through will stay clean longer if you take longer before you start to eat solid foods. Your sense of smell is a lot sharper now because your nose canals was cleaned by the fast, so you will smell foods quicker - try not to let a hunger wake in you - **use discipline and eat moderately**. If your body is screaming "I want more", you must answer your mind "You've had enough." After an extended period of fast, your body is clean and free from toxins - almost like a newborn baby's body. Try to feed your grandmother's meat pie to a newborn baby and see what happens - the child will die! You can now keep your body in check, so you do not indulge in food and gain weight. Learn to understand the difference between "desire for food" and "real hunger".

Another thing to remember - now that your body is clean, your body will complain if you eat foods that are not healthy. It is normal that you will feel nauseous after a fast if you suddenly eat foods that have toxins. Your body tells you that these foods are not good for your system - especially when your body have not been clean for so long. Again, listen to your body. Stay away from foods with toxins such as "Vienna's" (processed meats), "junk" food, lots of treats that contain sugar, chocolates, and soft drinks with gas, tarts, and cake types. Eating healthier now is what your body needs after it has been cleansed. Many fruits and vegetables are good (natural healthy foods). The more water you drink, the better for your body.

It has been proved that if someone fasts every alternative day on just water, their bodies will be healthier; and it would prevent sicknesses as it also helps with hypertension and stress.

**THIS IS VERY DANGEROUS
FOR YOU TO USE PILLS
WHILE FASTING.**

**It may poison your body that
can result in death**

**9) PHYSICAL ATTRIBUTES OF
FASTING**

Fasting has physical and spiritual benefits. As the seventh day was a day of rest for God after creation, just the same with your body that needs to rest from time to time from food types. One of the reasons for the sleep at night is for our body to take a "rest" from food. See the English word, "Take a break" from eating. From here the English word "Break-Fast".

Rest, fever, and fasting are a part of God's way to make your body fight infection. If you feel that you become sick, most people will go to bed and sleep. No! You should eat right and take rest after fasting. God made our bodies to fight infection with white cells in our blood. When your spirit dominates your flesh, you will not get sick, and vice versa. More of this in my study on "Body, Soul and Spirit."

REMEMBER: You have a free will; you may decide if you want to get sick OR allow the Holy Spirit to rule over your flesh. And become healthy and stay healthy. It is God who introduced "Fasting" and equipped our bodies to survive the times when we have no food or water.

There are diverse types of fasts in the Word of God:

When believers find themselves in spiritual bondage and they need power to stand against sin. (Disciple fast)

When believers throughout the world needs answers on different everyday problems and situations that they go through (Ezra fast).

When the Church of Christ needs an outpouring of the Holy Spirit (Revival), and every tongue and nation needs evangelism (Samuel fast)

When the whole world and the church cry out for Christian character and integrity - people who are in Christ have found the emotional healing to overcome forces and to break bad "habits". (The Elijah Fast)

When the abundance of food and finances blinds towards the hunger of children and people in a "third world part". (The Widow's Fast)

When believers are so caught up in their own "little world" that they live contrary to God's Word or God's will for their lives (The Paul fast)

When you need your body / mind / spirit clean for a healthy lifestyle. (The Daniel Fast).

When believers are so caught up in economic and social missions that they need to be freed to stabilize their testimony so that they may be a positive influence for Christ.

When the demonic forces increase in your life, and you need protection from the devil (The Fast of Esther).

10) TEN FASTS WHICH GOD CHOSE FROM HIS WORD

a) THE BRIDEGROOM FAST

PURPOSE: "TO FOCUS ON
INTIMACY WITH JESUS CHRIST"
To remind us that Jesus Christ is
our Bridegroom.

Mat 9:15 And Jesus replied to them,
Can the wedding guests mourn
while the bridegroom is still with
them? The days will come when the
bridegroom is taken away from
them, and then they will fast.

Background: The Bridegroom Fast
was inspired by the leaders of the
International House of Prayer, and
is held on the first Monday,
Tuesday and Wednesday of each
month. It is based on **Matt 9:15** and
focus on intimacy with Jesus Christ
who is referred to as the
Bridegroom in the Word of God.
The Charismatic churches mostly
follow this fast.

b) THE DISCIPLE FAST

PURPOSE: "TO LOOSEN THE BANDS
OF WICKEDNESS " Isa 58:6
To free ourselves and others from
addictive sins...

Matt 17:21 But this kind does not go

out except by prayer and fasting.

This fast is a self-deprivation fast- that
is where the name came from: Disciple
Fast.

Background: Jesus could drive out the
devil because he is the Son of God, but
also because he fasted often and spent
the previous night in solitude on the
mountain. He was with the Father in the
Kingdom - He was filled with the Holy
Spirit. Any time someone is filled with
the Holy Spirit, he can drive out the
devil. The disciples slept and did not
pray, so they could not drive out the
devil.

You must be a "disciple" in the true
sense of the word and time spend with
the father before you want to take on
demons.

c) THE EZRA FAST

PURPOSE: "TO REMOVE THE NECK
BONDS" **Isaiah 58:6**

To solve problems, we must ask the
Holy Spirit to remove the heavy loads
from us and to remove the obstacles
in our way that prevents us from
coming to Jesus.

Ezra 8:23 So we fasted and besought
our God for this, and He heard our
entreaty.

Background: Ezra was busy restoring

the law for the Jews, but Israel's enemies was against it. Ezra did not want to ask the Persian king to give him a whole "army" to help fight, and so he fasted and pray that God will help him. And God heard his prayer and answered him.

d) THE SAMUEL FAST

PURPOSE: TO LET THE OPPRESSED GO FREE

For a spiritual breakthrough and the salvation of souls. To identify with people who are trapped in sin, and to pray and fast so they may be redeemed with the blood of Jesus.



1 Sam 7:6 So they gathered at Mizpah and drew water and poured it out before the Lord and fasted on that day and said there, we have sinned against the Lord. And Samuel judged the Israelites at Mizpah.

Background: Samuel led the people into fast for gratitude towards God because the Ark has returned, and so Israel was released from sin that caused the Ark to be carried away in the first place.

**YOU CAN'T BRING ABOUT
REVIVAL WITH PRAYER
ALONE – YOU CAN'T BRING
ABOUT REVIVAL WITHOUT
PRAYER.**

e) THE ELIJAH FAST

Purpose: "TO BREAK EVERY YOKE"-
Isa 58:6

To gain victory over spiritual and emotional problems that controls your life, and to surrender control and power back to God.

1 Kings 19:4, 8 But he himself went a day's journey into the wilderness and came and sat down under a lone broom or juniper tree and asked that he might die. He said, it is enough; now, O Lord, take away my life; for I am no better than my fathers. V8 So he arose and ate and drank and went in the strength of that food forty days and nights to Horeb, the mount of God.

Background: Eliah has intentionally gone without food when he fled from Jezebel. In the desert he thought that his time was over, but again, the Almighty God showed him that He was the Savior by giving him bread and water to eat. After the fast, God sent an angel to strengthen him in the desert.

f) WIDOWS FAST

PURPOSE: FOR BREAKING YOUR BREAD FOR THE HUNGRY, POOR AND CASTAWAYS – **Isa 58:7** So that we are motivated by our love to help those that are worse off than us.

1 Kings 17:16 The jar of meal was not spent nor did the bottle of oil fail, according to the word which the Lord spoke through Elijah.

Background: God sent Elijah to the widow so that she could provide him with food. In the same way that Elijah's presence provided food for the widow, can we through prayer and fasting care for the starving people.

g) PAUL'S FAST

Purpose: FOR ENLIGHTENMENT– **Isa 58:8**
So that you can receive perspective and insight before making important decisions.

Acts 9:9 and he was unable to see for three days, and he neither ate nor drank [anything].

Background: Saul of Tarsus, later called Paul was blinded by God on the road to Damascus and he did nothing for three days, ate or drank anything. After Ananias prayed for him, he was restored.

h) DANIEL FAST

Purpose: TO HAVE A HEALING LIFE
STYL – **Isa 58:8**

To live a healthier lifestyle, to pray for yourself for healing and to enable you to intercede for others for healing.

Dan 1:8 But Daniel determined in his heart that he would not defile himself by [eating his portion of] the king's rich and dainty food or by [drinking] the wine which he drank; therefore, he requested of the chief of the eunuchs that he might [be allowed] not to defile himself.

Background: Daniel and his three Hebrew friends have demonstrated that they can be healthier and stronger than the king's men when they only eat fruit and vegetables and drinking only water and no alcohol.



i) JOHN THE BAPTIST FAST

Purpose: SO THAT YOU'RE
RIGHTEOUSNESS PRECEDES YOU –

Isa 58:8

So that people will change because
of our witness for Jesus.

Luke 1:15 For he will be great and
distinguished in the sight of the
Lord. And he must drink no wine nor
strong drink, and he will be filled
with and controlled by the Holy
Spirit even in and from his mother's
womb.

Background: John the Baptist took a
Nazarene vow that he would not
drink strong drink. He was born
already set aside for God and the

works of God.

J) THE ESTHER FAST

Purpose: SO THAT THE GLORY OF THE
LORD WILL BE YOUR REARGUARD – Isa 58:8

Esther 4:16 Go, gather all the Jews that are
present in Shushan, and fast for me; and
neither eat nor drink for three days, night
or day. I also and my maids [housekeepers]
will fast as you do. Then I will go to the king,
though it is against the law; and if I perish, I
perish.

Esther 5:2 And when the king saw Esther
the queen standing in the court, she
obtained favour in his sight, and he held
out to [her] the golden sceptre that was in
his hand. So, Esther drew near and touched
the tip of the sceptre.

Background: Queen Esther was a Jew that put her own life in jeopardy to speak to the King without permission. Before that happens though, she and the Jews prayed and fasted together.

**THE MOST
IMPORTANT FAST =
TO FAST FROM SIN!**

One of the most important fasts that you can do is to FAST FROM SIN. This is the only fast that has no flesh straining effort. You eat your food as usual but withhold yourself of sin. This fast is wholly spiritual and many sacrifices must be made at this time.

You must exert yourself absolutely not to get angry, not to curse, not to shout, not be vexed, not to take any offense, not to get wrong ideas, not to watch or read bad things; not to have any sexual intercourse outside the marriage, not to think anything bad of any person, no negative thoughts, not to break anyone verbally down, not to influence anyone negative, not to say something that will hurt others, not to do things that will cause others to hurt you, no hard feelings, no entertainment, not to prove you're the best all the time, no unforgiveness, etc.

As you can see for yourself - this is not an easy fast. It is commendable to try. Start with one day, and when you are 100% successful, then try for two days. And so, you can continue until you have succeeded not to have sinned for a few days. This way you will learn the habit of living right according to God's Word and it also helps you to keep in line with God's Word in trying to do the right things.

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1 Chronicles 16:11
Seek the Lord and his
strength; seek his
presence continually!



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TESTIMONIES OF NOTE

I ASKED GOD FOR *WISDOM.*

Testimony 1: From \$100 a month to \$20,000 a month

(You sure you're ready? This will freak you out.) 😊

Brother R. wrote in and said this:

“Hello, I wanted to send you a large donation because of how much your blog has helped me. Specifically the blog post about “Witty Inventions.” I followed that blog post and put it into action, and God spoke to me. Gave me some very specific ideas for my online business, which led to be very lucrative. I went from making less than \$100 a month to making over \$20,000 a month in profit with my online business within a year. You should really write a book based on “witty inventions from God.”

In a later email, Brother R told more of his story:

“Your blog post crossed my mind recently, and I just had to send something to show my appreciation. That blog post help change everything.

I just remember that, in 2017, I was an online affiliate marketer, and for years I struggled. After awhile, I came to the conclusion I had to be cursed. Reason being, every time things would start to go smoothly, something beyond my control would cause my startup affiliate marketing businesses

through my social media accounts to collapse. I can't describe my frustration and even depression during those times. I'd gotten to the point in which I finally gave up.

Eventually, I thought, it's better for me to ask God for wisdom because what I'm doing isn't working out. I Googled "wisdom" to study up a little, then I stumbled upon the Scripture about "witty inventions." I Googled that term and I stumbled upon your blog post. LOL, let me say, I took your blog post LITERALLY. It was my only hope. Long story short, by waking up early every morning and asking God to "show me what to do," God revealed to me about the Law of Giving and I took it very seriously. Anything I had of value that I could give to others who needed it more, I did.

Months later in 2018, God in His own way started to reveal things to me. Two separate occasions, God would speak to me by revealing to me that I would discover an idea, simple and easy to put into action, and it will result in money coming to me as if I hit the lottery. No joke. And for some reason, I believed it.

Come September 2018, I got a notification from Facebook about being able to monetize videos with ads from my Creator Page. YouTube has had this feature for years, by now Facebook has joined the fray. I cannot describe how excited I got. I started right away. I begin uploading my videos and utilizing a special method I figured out to effectively reach a targeted demographic within Facebook groups – and the rest is history. I watched my video views and daily earnings rise significantly on a daily basis. As the days and weeks went by, I kept utilizing my special method and I kept making money as if I hit the lottery. 'Til this day, I'm still in awe.

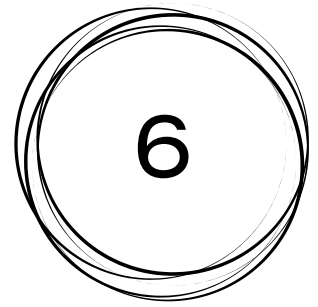
Now I know for myself, God is real and His Word is true.

Thank you so much for that "Witty Inventions" blog post. I totally would be excited if you wrote a book on that subject matter. A book would be Golden."

Hallelujah! Glory be to GOD MOST HIGH!

SAY IT AS IT IS

BY WANESSA NUNES



South Africa, you get what you ask for. Judgement is at the door.

Now, before you turn the page on this article, I ask you to bear with me for a few moments. Pray for Holy Spirit to bring revelation from the Father's heart and lead us into His truth. Grab a cup of coffee and sit back while I first share with you my own personal testimony around the Scriptural basis of my title.

The first time I ever voted in a South African general elections, was in the historical 1994 elections in which Nelson Mandela became the first ever president of colour. I remember being pregnant and standing for hours in a line that stretched for blocks around the primary school that hosted our voting station. Now, what I knew about politics was basically zip! Nada! Except for the fact that Nelson Mandela had been released from jail and was running for president. Indoctrinated family and

friends passed on their firm beliefs to me and explained that I had NO other choice BUT to place my mark at the ONLY obvious party...

The Democratic Alliance. Naturally, I trusted all these people and after several gruelling hours in a hot sun, obediently placed my mark as instructed.

Now, my point isn't to emphasize who won or lost, neither is this an article focusing on racism. This event led to a very rude awakening for myself as young Christian and this is what I am now compelled to share with my fellow Countrymen and Christian sojourners. You see, my generation were raised to believe that politics and religion don't mix, right? Christians don't ever get involved in political matters... WRONG!! Oh, how I long to shout it out from the rooftops! Christians are indeed to be intricately

involved in politics! The Church is not a building dearly Beloved! We ARE the Church called to go into the world! This opposes the belief that the World should go to church.

1 Peter 2:4-5 English Standard Version 2016 (ESV) As you come to him, a living stone rejected by men but in the sight of God chosen and precious, you yourselves like living stones are being built up as a spiritual house, to be a holy priesthood, to offer spiritual sacrifices acceptable to God through Jesus Christ

Matthew 28:18-20 NLT
[18] Jesus came and told his disciples, "I have been given all authority in heaven and on earth.
[19] Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. [20] Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age."

Now, when the birth and ministry of Jesus was prophesied, it was said that He would carry the governments on His shoulders.

For a child is born to us, a son is given to us. The government will

rest on his shoulders. And he will be called: Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace Isaiah 9:6 NLT

We (the living stones being built into the Church of God), as the Church, are meant to pray AND be proactive in seeing "Thy Kingdom come, Thy will be done, on earth as it is in Heaven".

Now, back to my personal testimony. With the next general elections, I had grown somewhat in spiritual stature and obedience, and was devoted to seeking first the Kingdom of God and HIS RIGHTEOUSNESS in all spheres of life. However, I still believed that voting for the Democratic Alliance was the politically right thing to do as I had been conditioned to believe. I was all set and ready to go! The next day, in my much shorter line than the previous elections, I glanced at the mothers with their babies and young children. My own children had stayed at home. And right there... in that line, Holy Spirit started asking me questions... "Would I ever agree on the abortion of an unborn child? Would I agree that South Africa (called a Christian Country), would also embrace homosexuality? I almost gasped openly in utter shock and silently responded with "NO WAY"! Holy Spirit then communicated to my Spirit, "you have the blood of thousands of unborn infants on your

hands”.. ! Harsh? YES!
I asked “HOW do I have the blood of thousands of infants on my hands Lord? I am very vocal against abortion!” Holy Spirit “Do you remember your last vote? Where you placed your mark? The Democratic Alliance helped pass the bill for legalised abortions! They condone free will on ALL matters with no biblical mandate. You voted for them”.

I left my place in the line and walked to the nearest Democratic Alliance official and outright asked them about their mandate. Holy Spirit had been right.....

I asked the people in the line whether there were any Christian parties running. The African Christian Democratic Party was running as a complete underdog. As I went back into my line, I prayed and confessed as I repented for my previous vote and asked Holy Spirit to guide me in this vote. That day I voted for the underdog (much to the horror and shock of family and friends). ACDP didn't feature that year at all... I don't think regionally either, but I was set free... Since this event, I have done in-depth study Scripturally

as well as spiritually as I journey and grow on this path with Jesus.

Finally, this brings us to what's happening in South Africa... what can we expect? 85% of South Africans profess to be Christian. Of that 85% less than 3% voted for a Christian party as they did what I did in 1994... leant on their own understanding. Most Christians still lean for other strong in numbers parties with the idea that they can overthrow the current ruling party. As logical as this seems, this takes God out of the equation altogether! Voting for another ungodly party will in no way garner God's favor.

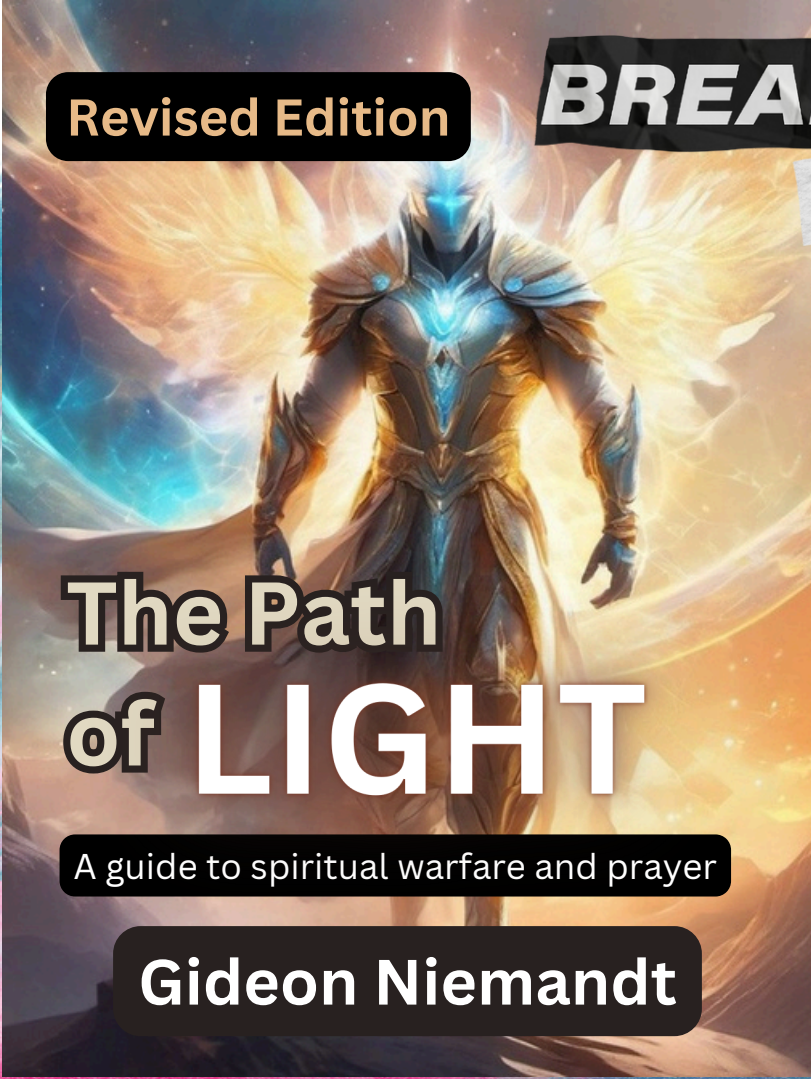
What are we thinking? Then we don't believe economic, social and other collapse could possibly be God's will? Saints, God is still a JUST God. He never changes! He placed His beloved Israel and Judah under judgement.. what makes us think He won't do that with a Nation who claims to put Him first and yet their hearts are far from Him...

Yet there's still hope! God is gracious and He answers those who call on Him in truth. Those who repent and HUMBLE themselves as they draw nearer to Him and resist the devil, WILL be rescued! There has been much prophesied about a very trying time ahead globally... this is true.. ! However! For those within His perfect will, we will be provided for, protected... Our focus needs to shift from here and now to Kingdom vision which is eternal.

Let me end off with a last question “should you stand before that great white throne of judgement today, and the Father says “You have blood on your hands”... how will you be able to respond?” South Africa, God has a wonderful plan for us... to become a spiritual breadbasket to the world... Will you rise up? Then begin individually.. Begin in your homes... God is separating sheep from sheep in this season...

With my hand in His

Wenessa Nunes



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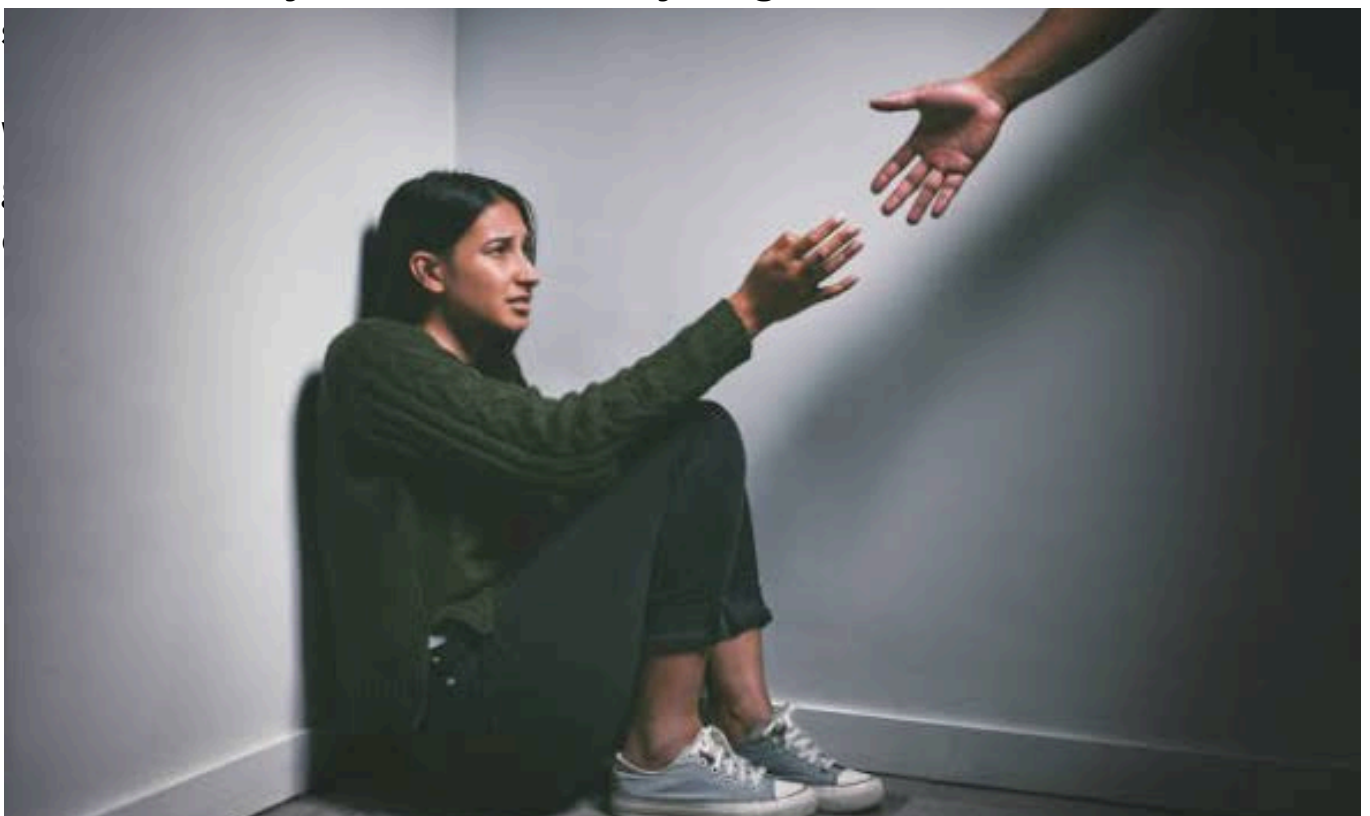
GOD SAVED ME FROM THE STREETS, ADDICTIONS AND ABUSE. I AM SO THANKFUL

Muriel is 35 year old woman, mother of 3 beautiful children, and she is sharing her testimony with us today. The enemy had caused her to be abused, led her into addictions, in losing everything, including her children, up to the point where she was living off the streets. But God can restore, if we allow Him into our lives. This is her story of restoration.

I had a very good life until my father died when I was a child. When my father died, I started rebelling and I eventually looked for my father in other men. So, then I met Johnny, and he was a very good man.

And we got married, but when we got married, the real Johnny started to come forward. He showed an aggressive side of him which I never knew about. And he was busy with drug deals and a lot of other inappropriate things. Then he started to abuse me and to hit me. I was so confused, and I thought that this is what married life is like. I started to get used to it but my soul was breaking on the inside. I came out of a broken home and rebellion, and he was the same. My father was also an alcoholic.

It felt as if my mother and my whole family wrote me off, because of my choices I made. Nobody wanted anything to do with us. We lived in a rural area and nobody wanted to know anything about me. Gerhard's mother



still supported us when she could.

We eventually got an RDP house in the rural area, but that is when things got even worse. The social workers took my children away from us, as we could not support them any longer and I was trapped in drug abuse. I had lost everything. The children were put in my mother's custody. After they took my children away, I started using more drugs. What I did not realize at the time, is that the trauma, caused my soul to be broken and I looked for a release, and that is when people start seeking their release in the wrong things where the enemy, satan can destroy you.

I started to get more involved with drug dealers, helping them to pack drugs and to sell it. But it was all part of coping because of the hurt and my children that was taken from me.

I felt anger towards my husband who was abusing me, I thought I had learned from him, so I will show him I will be better than him. It even got worse when we got involve with diamonds, gold and house robbery for which we all got arrested. Then Johnny started to rent me out to Nigerians and more than 7 men "gang raped me". I could not cope with the hurt, I felt like nothing and not worthy, and I ended up living off the streets, begging people for money just to have something to eat. Johnny eventually divorced me and did not worry about me any more.

Then my mom picked me up and she took me to a rehabilitation centre but things just got worse.

And eventually, I went to a Christian rehabilitation centre, where I was helped. I was there for 3 years in the rehabilitation centre. Until then, I worked there as a housewife until I was better.

I worked in a nursing home for 11 years where I kept myself clean from any addictions. My oldest daughter's father, Charl, came back in my life. I thought that now my family can be restored and we're going to be a family again. I was so happy but then I got caught up in drug addiction again with him.

This time it was even worse and he abused me more than Johnny did. I almost died. He locked me up in an outside room, saying he is not going to let me out so that I can have him arrested up. He gave me a plate of food once a day and a bucket to use as a toilet and left me locked up for

months. My ankles were broken. My bones were broken. My ribs were cracked. My eyes swollen and my jaw was broken. My forehead was bruised. I eventually collapsed on the street and people thought I was dead.

I eventually got a chance to escape, and I went back into the rural areas where I lived off the streets. I gave my kids to my mom and said I can't look after them any more. I tried to get back up on my feet again and got an RDP house. I started a cleaning business when Charl returned in front of my door. I felt sorry for him and took him in but the whole evil cycle started again of abuse, drugs, losing everything. I stayed in a sink home and slept on the floor having nothing. I then found myself pregnant, for a while we lived with his sister, but one day he just dropped me off and I was living on the streets again. That is when I realized I needed help. No one cares for me any more. He had cut my clothes and left me at 4 months pregnant on the street. I eventually landed in a drug house when my sister found me and reached out to me.

I am now living with my mum, who is my anchor and spiritual leader. She led me to Soldiers 4 Christ Ministry where I received pastoral counselling to help me work through the trauma and the brokenness in my soul and to break the cycle of re-occurrence of abuse, addiction and trauma. It is clear that there was an evil cycle and re-occurrence that was in my bloodline that followed me from childhood and it was starting to affect my children as well. If this bondage is not broken by God, it will continue as a curse in the family line. But only the Lord can be your Savior, only the Lord can change your heart and heal your brokenness and addictions. He can also heal your broken mind. I always say. It's a circle that people live in. It's not a head decision to get healed and to get out, It's a heart decision.

I am now one year clean, and I work for my sister. My son is one year old and the social worker is going to give my daughters back in my care. I'm still going strong, and I realize that I constantly need the council of God which I get through church and teachings. It is important to make the right decisions and to get the right guidance in your life and not to give satan any legal right in sinning, as he will destroy you. 1 Thessalonians 5:17 says pray without ceasing. I love praying and I am so thankful for those who reach out to me. I thank God every day.

• Names used are pseudonyms



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DAILY DEVOTIONALS

BY BISHOP MATTHEW DANIELS

GOD IS *ABLE!*

7

2 Corinthians 6: 1-2 reveals, "We then, as workers together with him, beseech you also that ye receive not the grace of God in vain. 2 (For he saith, I have heard thee in a time accepted, and in the day of salvation have I succoured thee: behold, now is the accepted time; behold, now is the day of salvation.)".

Grace is like a window of opportunity. It has a time limitation attached to it, When grace is not used at the right time, it can lead to wastage. Also when grace is not used at the right time someone else can have similar ideas / grace and take the opportunity from us. It is important that we learn to recognise God given opportunity and promptly act on them.

2 Cor 6 talks about not receiving the grace of God in vain. When someone is resisting salvation they are frustrating the grace of God. Also when our output is far lower than the resources given to us, then there is a wastage. Today is a call to take a look into our lives: Am I maximising the grace in my life or am I frustrating it.

PRAYER

Lord thank you for everything. Help me maximise your grace in Jesus Name.

Bishop Daniels can be contacted at:
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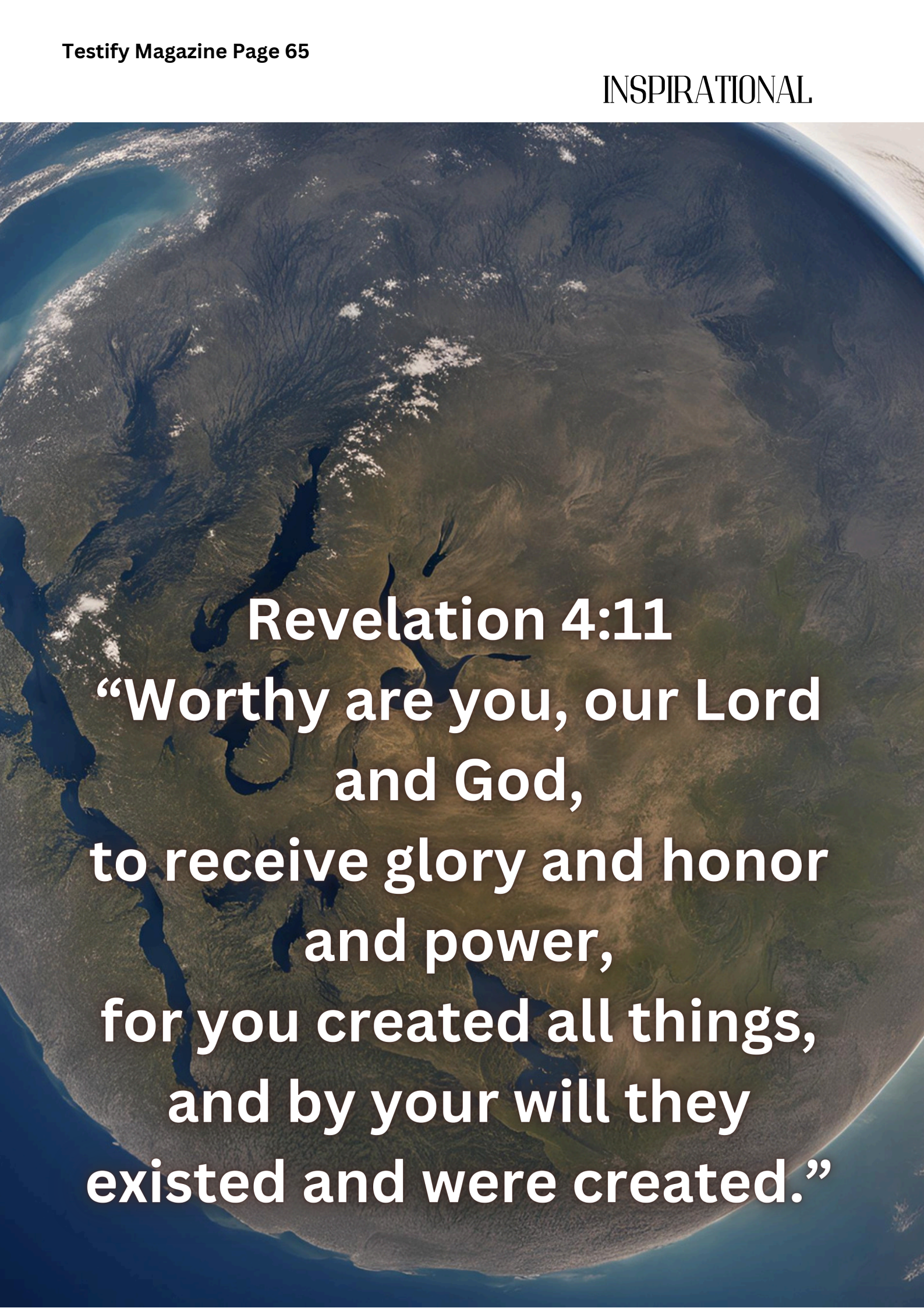
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Psalm 46 :10 "Be still and know that I AM GOD"

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Revelation 4:11
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to receive glory and honor
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for you created all things,
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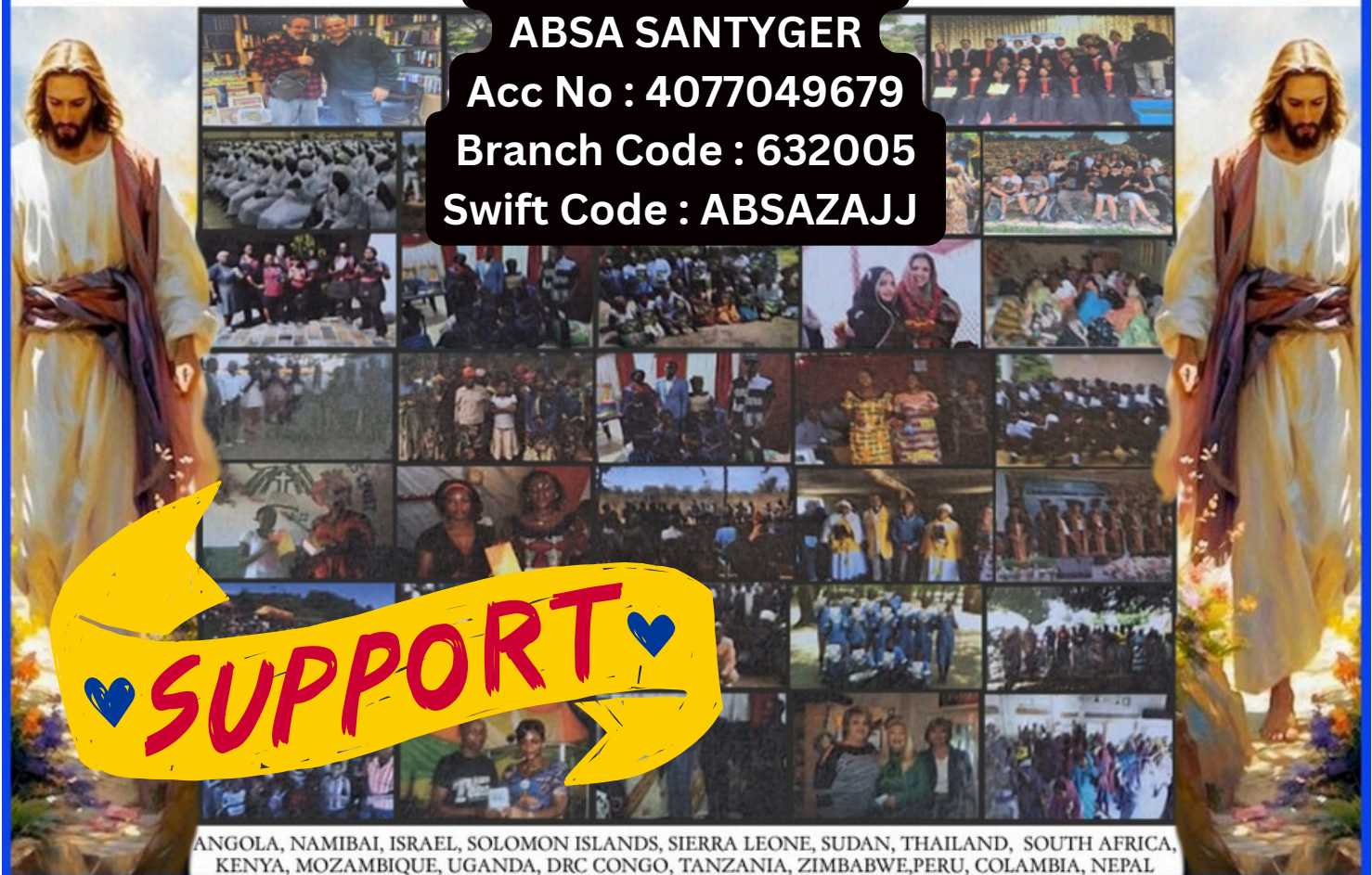
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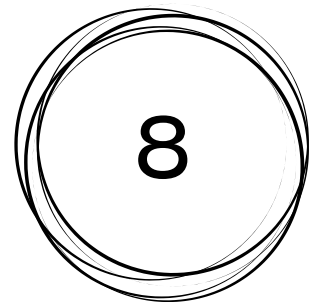
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GIRLS ON THE MOVE FOR JESUS

BY HYBRE KIVEDO



A DIVINE AWAKENING: WHEN THE LORD REVEALS THE IDOLATRY OF THE SUPPORTING OF A FOOTBALL CLUB.

“Don’t be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what is the good, well-pleasing, and perfect will of God.”

Walking through my daily routine, I couldn’t shake off the feeling that something was amiss. It wasn’t until I found myself gazing down at my Manchester United mat, that the Lord’s gentle whisper became a profound revelation.

It was as if the Lord had awakened me to a truth I had long ignored. In that moment, He revealed that my unwavering support for the team had become an idol in my life, distracting me from His divine plan.



In this article, I will share my journey of how the Lord revealed to me the idolatry of supporting a football club, and yes, 'lo and behold', it is the mainstay club of many supporters globally, namely, Manchester United, and how I had to surrender my love for the team I have been a supporter of since the age of 10 or 12 years old to the Lord Himself.

The Lord's message to me:

In the comfort of my own home, while having a session of rest in the restroom, and as I peered down at a mat, I felt a gentle whisper in my spirit, "Is this what you want to represent, Hybre, the red devils?"



At first, I resisted the notion, reasoning that my love for Manchester United was harmless. But the Lord persisted, guiding me to examine the true nature of my allegiance.

Supporting the "red devils," which all supporters know as the nickname for the Manchester United football club or the Belgian national football team as it is also known, as a Christian can be seen in various ways, depending on one's perspective on faith and sports.

A potential challenge had come to my understanding when the soft voice of the Spirit of the Lord spoke within my being, and as it is noted, the risk of idolatry, which had been in my case, where the passion for the team had overshadowed my commitment to my faith in Christ.

Yes, I had to also understand that It's important to keep my love for my sports in perspective and not let it become more important than spiritual duties, however, as I delved deeper, I began to see the team's values and actions in a

new light. The lavish spending, the win-at-all-costs mentality, and the objectification of players as commodities all stood in stark contrast to the Christian principles I held dear.

Furthermore, the atmosphere at football matches can involve negative behaviours, such as aggression, profanity, or unhealthy rivalry. Christians are called to exemplify Christ-like behaviour, even in competitive environments. I realized that my loyalty was rooted in a desire for identity and belonging, rather than a genuine passion for the sport. In that moment, I understood that my heart had wandered from its true purpose, to love and serve the Lord.

From my point of view, time management as a believer in Christ is balancing commitments, particularly spiritual ones, with collaborative time. This is the core of the Christian faith, as I needed to be cautious in the support of the team specifically, and to make sure that it didn't conflict with my life in Christ overall.

As I repented and sought guidance, the Lord revealed that our affections and energies should be focused on building His Kingdom, not perpetuating worldly idols. I began to see the world of football through a different lens, recognizing how it could be redeemed and aligned with God's will. My understanding of integrating faith with fandom is that Christian supporters may pray for their team or players' safety and sportsmanship. In this aspect, I recognized that by ministering via sports, I could combine my passion for football with my faith in Christ, such as arranging football activities with a spiritual component.

Again for me, I also understood that in being a witness for Christ in or during football games involves more than just avoiding bad behavior; it's about actively demonstrating the love, grace, and integrity that Jesus taught. By being intentional in your actions and interactions, you can positively influence those around you and reflect Christ's light in the vibrant and often passionate environment of football games.

Surrendering my love for Manchester United to the Lord brought me freedom and peace. I no longer felt bound by the need to win or the pressure for 'my team' to perform well.



I was free to love and serve the Lord with my whole heart, unencumbered by the weight of idolatry. Idolatry takes many forms, even in the seemingly harmless aspects of our lives.

Our passions and interests can become idols when we prioritize them above God's glory. We must recognize and repent of these idols, surrendering our loves and loyalties to His divine plan.

Idolatry deceives us into believing that our desires and passions are the ultimate reality. But God's Word reveals the truth, that our hearts are prone to

wander, and that our affections must be surrendered to Him alone.

Surrendering our idols to God brings freedom and peace. We are no longer bound by the need to control or manipulate our circumstances.

We are free to love and serve the Lord with our whole hearts. Our passions and interests can be redeemed and used for God's glory. Let us not be mistaken brethren, I still enjoy football, but now I will do so with a critical eye and a heart that prioritizes Kingdom values.

My allegiance is no longer to a team, but to the Lord who has called me to live a life of surrender and obedience. The Lord's message to me was clear, our allegiance belongs to Him alone.

May we surrender our lives and loyalties to His guidance, so that we may reflect His character in all aspects of life.

Recognizing the wrongs in our lives, may we repent and walk in the freedom and grace of His truth. May we walk in complete humility and submission, recognizing and repenting of our idols, so that we might reflect His character in all aspects of our lives.

Finally, it wasn't about Manchester United or football. It was about handing up my heart to the Lord and letting Him guide me in all facets of my life. May we all learn to give up our idols and walk in the freedom and grace of God's truth.

“You shall have no other gods before Me”- Exodus 20:3

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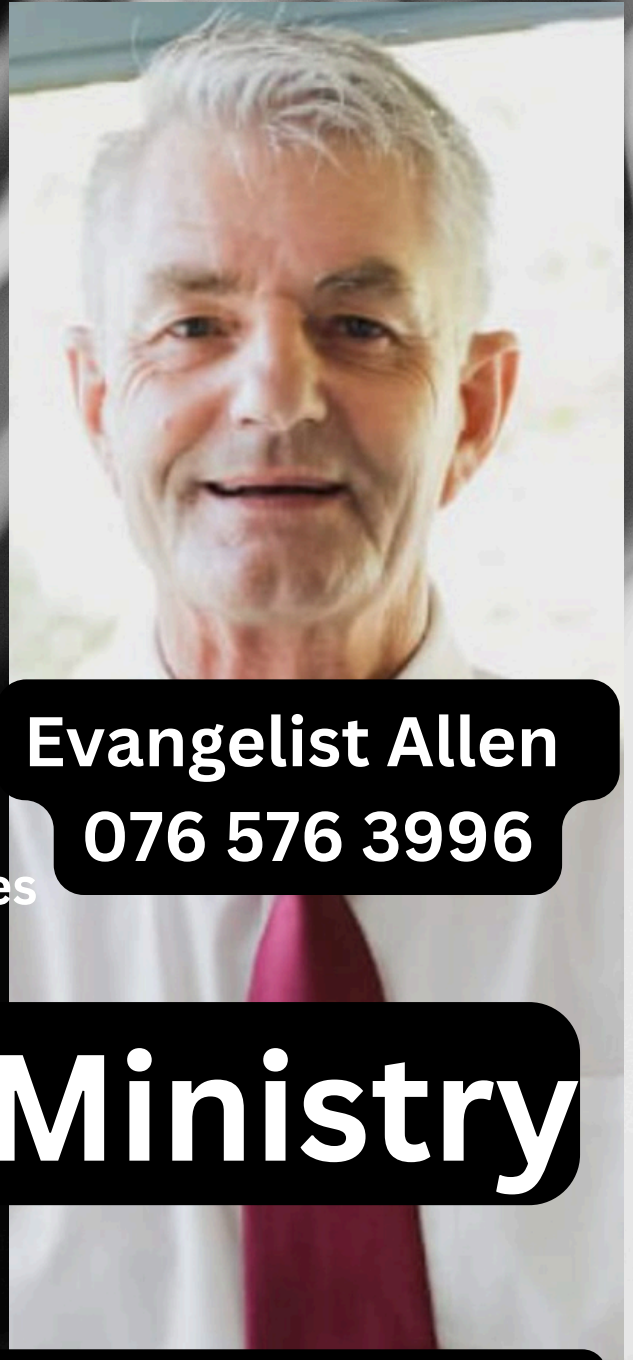
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THE MYSTERIOUS MARK of Revelation 13



What is the mark of the Beast?

In the middle of the 7-year tribulation, the Antichrist comes on the scene and declares to be God and orders everyone, small and great, rich and poor, slave and free to have this special mark (that is, the Antichrist's name or the number that stands for the name) on their forehead or right hand, because without this mark you may not buy or sell.

Why would the Antichrist and the false prophet want to control all buying and selling?

When we read the book of Revelation, we see that due to wars, natural disasters, drought and plagues there will be a lack of food. People are going to be desperate for help and order, because usually during such events chaos reigns. The mark is the perfect way for the Antichrist to create order, take control of

people and force them to worship him.

4 Major Mark of the Beast theories since 1973

Barcode tattoo

Microchip implant

Islam Bismillah tattoo

Microneedle patch, Quantum Dot Tattoo

The word mark in Greek is charagma and means to “scratch, an etching, or a stamp. The mark is placed on either the forehead or the right hand.

In the Hebrew and Greek alphabets, each letter has a numerical value, i.e., a word can turn into a number and a number can be converted to a word. In the earliest translations there are 3 Greek letters used for the “666” in Rev. 13.

These were later given their numerical values as “six hundred, sixty and six.” A Third century Egyptian manuscript from 350 AD uses three Greek letters, chi, xi, and stigma. They were later calculated into 600, 60, and 6 as the number of the beast, because these three Greek letters have a number value with them: A - The Greek letter CHI = 600, B - The Greek letter XI = 60 and C - The Greek letter STIGMA would have been 6.

These letters are unique

The letter CHI is transliterated as an x, and stigma is not in the Modern Greek alphabet. Stigma, in ancient times, could represent the 6th letter of the alphabet. It is not a real letter but was invented by Greeks to represent 6.

Stigma was also a mark that was put on slaves in Egypt and the Roman times, it is transliterated as “s” and its number equivalent is “6.”

What if these three letters are symbols and not just a value of the letters and if the antichrist is Islamic, then how will the mark tie into the beast system?



Interestingly, Islamic Jihadists and devotees of Islam often wear headbands on their foreheads and patches on their right arms with a mark of submission (The Bismillah – Islamic creed of “in the name of Allah”) followed by two crossed swords, etched or inscribed on the material. The “Chi Xi Stigma” has been an enigma to the church, and some have reckoned it as a symbol rather than a number. This mark (Chi Xi Stigma) has an uncanny resemblance to the bismillah combined with the universal Islamic symbol of crossed swords. The Greek text translates forehead and hand into the plural form due to the word, “their” in the sentence construction; yet it refers to the singular form of forehead and hand regarding the individual. The significance of the right hand or arm and forehead in the Islamic context derives from their traditions. Walid Shoebat comments on this fact:

Amazingly, and in keeping perfectly with what the Bible predicted so long ago regarding the beast and his mark, the badge is in fact an Islamic commandment from the prophet himself: “Allah will save a man from my nation above all creation on Judgment Day. In front of him will be laid 99 registers for his sins. Every register is as long as the eye can see. Then he is asked, ‘Do you deny any of these?’ Then he says, ‘No Lord.’ Then he is asked, ‘Do you have any excuse?’ He responds, ‘No Lord.’ Then he is told, ‘You have but one good deed and there will be no condemnation for you today.’ A badge is brought forth. Scrolled across it are the words: ‘No God but Allah, and Muhammad is his messenger.’ Then he is asked to bring forth his deeds. He asks, ‘O Lord, what is this badge that is with these registers?’ He is told, ‘You will receive no condemnation.’ The deeds are put on one hand, and the badge in the other. Then the registers will float and the badge will outweigh the registers” (Tirmuthi 2639).[30]

The “Name of the Beast” along with variations of the name of Allah, is worn as a sign of submission on the right arm or forehead. Islam is submission and allegiance to a foreign god; the Shahadatan is blasphemous, the badge worn by Muslims on the forehead—all of these things meet the Biblical requirements of the Mark of the Beast.[31]

The “Shahadatan” is the Islamic creed or article/declaration of faith. It is an Arabic phrase “La ilaha il Allah, Muhammad Raul-Allah which literally means,

, “There is no God but Allah and Muhammad is The One sent by Allah (The Messenger of Allah).” This creed fits the definition of blasphemy on both counts: First, it claims another foreign god besides Yahweh as the only true God; second, it places Muhammad to the prominent position that only Jesus can fulfil.[32]

Islamic tradition points to Mecca as the origin of the “Beast” system. Shoebat quotes two Islamic hadiths:

“The Beast will come out from Al-Masjid Al-Haraam in Makkah (Mecca).” “The Prophet (Muhammad) took me to a place in the desert, near Makkah (Mecca). It was a dry piece of land surrounded by sand. The Prophet (Muhammad) said, ‘The Beast will emerge from this place.’ It was a very small area.” [33] Likewise, in the Bible, the angel took John into the desert to see the “Woman” or “Whore of Babylon” riding a beast, likely coming out of the desert of Arabia.

Significance of the “Right Hand” in the Islam faith

Further parallels between Islam and the “Mark of the Beast” are evidenced by Muhammad’s obsession with the right hand or right side. The prophet used to start everything from the right (for good things) whenever it was possible in all his affairs, for example in washing, combing, or wearing shoes. While entering a mosque, one had to begin with the right foot.

If a Muslim was caught stealing, his right hand was cut off from his arm as dictated by Islamic law. By having the right hand cut off, the Muslim was degraded. The rigid Islamic law required one to eat and do most of one’s daily activities, as prescribed by Muhammad, with the right hand. The individual would thus become a social outcast from the Islamic community.

The crossed swords

One of the most glaring similarities between the Antichrist and the Mahdi involves the preferred method of killing. The Islamic mullahs teach that in the end times there will not be an option for subjects to live as dhimmis; thus, one must join the Islamic community of believers by submission to Allah or die (beheaded). If one chooses to submit to Allah, they are given permission to buy and sell as fellow believers in the world-wide Caliphate Empire. This

scenario has biblical parallels:

... and I saw the souls of them that were beheaded for the witness of Jesus, and for the word of God, and which had not worshipped the beast, neither his image, neither had received his mark upon their foreheads, or in their hands; and they lived and reigned with Christ a thousand years (Rev. 20:4). (Note UPON their foreheads and IN their hands, this could possibly be anyone of the major 4 Mark theories)

In addition, the Antichrist Empire will believe the following: “For you will be expelled from the synagogues, and the time is coming when those who kill you will think they are doing a holy service for God.” (Jn. 16:2).

No other world empire practiced beheading like Islam. The Roman Empire’s primary method of execution of non-citizens was crucifixion, while the Catholic Church was drowning or burning. Only Islam has such a long-standing historical tradition of beheading, even having specific commandments in its “holy book” to “strike off their necks” (Qur’an 47:4).[14]

Tattoos, Microchip Implants and Quantum Dot Tattoos

During the Biblical period they were very familiar with typical tattoo marks. In Leviticus 19:28 we read that no incisions were to be made in or on the skin to mourn a dead person, nor tattoo any marks of idol images on you. The mark will have to be some type of ink that could not be removed. Certain microchips can be removed, thus making this theory weaker.

Let’s take a closer look at an article published in The Curiosity Cabinet on 8 Oct. 2023 about Quantum Dot Tattoo Technology



“This year, the Nobel Prize in Chemistry went to Moungi Bawendi, Louis Brus and Alexei Ekimov for discovering and developing quantum dots, tiny particles of semiconducting material. These dots, only 2-10 nanometers across, contain under 100 atoms: often, only 10 to 50. They can transport electrons and emit

light when exposed to UV radiation. They act as a single entity, embodying the properties of one atom even though they are composed of dozens, which allows for scientists and engineers to fine-tune their light-emitting properties. Since their discovery in the 1970s, the quantum dot has transformed an array of products and use cases: Solar panels. Lightbulbs. TV screens. Quantum computers. Drug delivery. Neural imaging. And vaccination.

Developing nations often lack a robust infrastructure or central database to store medical records. In turn, it's hard to determine who needs what vaccine, especially for vaccines (like MMR measles, mumps, and rubella) that require multiple doses spread out over a specified time interval. Without accurate records, patients may not receive all necessary doses. Enter quantum dots.

In 2019, a team of scientists at MIT-led by Kevin McHugh decided that, rather than storing vaccine information in a central database, it should be stored with each person. Or, rather, in each person using quantum dots. McHugh and his team developed a copper-based quantum dot only about 4 nanometers across that would be injected into a person, right below their skin, via a microneedle patch. Microneedle patches are being developed to deliver vaccines like MMR, and McHugh demonstrated that his quantum dots could be easily incorporated into these vaccine patches.

Thus, when you get the vaccine, you also get a quantum dot record of what vaccine you just received. For each vaccine, there will be a special pattern of quantum dots that goes with it. Like a secret QR code for your vaccine record. The dots are invisible to the naked eye, but they can be viewed using modified smartphones. They last for up to five years, so someone can scan a patient's arm and see what vaccines they've received. As the team wrote in their paper on the invention: "By codelivering a vaccine, the pattern of particles in the skin could serve as an on-person vaccination record." All thanks to some tiny balls of copper atoms."

Conclusion

As believers, we can only strive to persevere in this race and make sure that we are ready when Jesus comes to take us with the rapture, because it will

certainly be extremely difficult when the Antichrist forces his mark on everyone. Interestingly, we read that the Quantum Dot Tattoo Technology can remain in your system for 5 years and since the Antichrist will only exercise his orders in the middle of the tribulation (3 ½ years), there will be plenty of time to implement, this type of mark.

It would not surprise me at all if the Bismillah or similar type of symbol is put on the forehead in a tattoo form that proves your devotion to Allah / The Antichrist and a type of quantum dot tattoo is placed in your right hand where the authorities can scan all your data.





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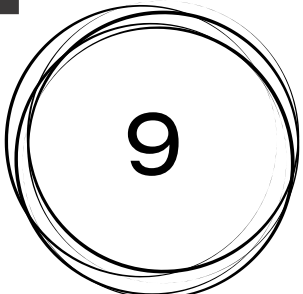
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FOR THIS CAUSE

BY BISHOP O T WHITTAKER

THE BLEEDING *WOMAN*



9

Mark 5:26 says that she suffered many things of many physicians, and had spent all that she had, and was nothing bettered, but rather grew worse. She tried to get medical advice from these doctors. According to the Dakes Bible it is said that the Jews had many remedies for such cases e.g. drinking of herbs, giving the person a sudden fright, burning of new grape vines and sitting over ditches, etc. Yet none of these remedies work. In today's society, it is evident that many women who are going through emotional struggles do not always choose wisely when seeking help. Instead of carefully selecting trusted individuals to confide in, they often turn to anyone who is willing to listen. Unfortunately, the guidance they receive in return may not be helpful, and in some cases, it can even exacerbate their already

difficult situations. This lack of discretion can ultimately result in increased emotional distress and further confusion for these women. It is important for individuals to seek support from reliable and knowledgeable sources in order to navigate through their emotional challenges effectively. Seeking help from wrong sources can exacerbate the existing issues, making it essential for women to carefully choose who they confide in and seek guidance from.

Scripture says but when she heard Jesus came in, she pressed in behind Him. (Mark 5:27) Her focused changed from what was not working to what was. The challenge is that they cannot do the same thing and expect different results. Sometimes the circles in which they are in has to change, especially if their advice is not building them up or feeding them.

1. Here are few steps on how to

Embrace change:

- 1.1. Change your focus from negativity to positivity.
- 1.2. Embrace new perspectives and approaches.
- 1.3. Take action towards what is working for you.
- 1.4. Break the cycle of repeating the same actions.
- 1.5. Trust in the power of transformation and growth and know it could only be found in Jesus.
- 1.6. Seek guidance and strength from sources that bring positivity into your life.
- 1.7. Stay open to change and be willing to adapt to new opportunities.
- 1.8. Step out of your comfort zone and explore different paths to success.
- 1.9. Believe in the potential for improvement and progress, just as she did with unwavering faith in Jesus.

2. Let Us Recognize The Importance Of Opening Up To The Correct Person Or Place.

- 2.1. Opening up to God.
This is where they have to trust in His plan and seek His guidance in all aspects of life.
Letting go of their own control and surrendering to His will is the ultimate act of faith and

humility. They must have faith that His plan is greater than anything they could ever imagine, and trust that His guidance will lead them down the right path. Through prayer, meditation, and reflection, they can align themselves with His purpose and find peace in knowing that they are exactly where they are meant to be.

- 2.2. Opening up to your spiritual leaders or mature individuals.
It is important that they open up to their leaders and not assume because the leaders are spiritually strong that they can discern what they are going through. God is omniscient yet He still expects you to reach out to Him for help. This is where you actually come to a place of acknowledgement that you need help. Don't let pride cause you not reach out for help. It is crucial to understand that seeking help is not a sign of weakness, but rather a step towards growth and healing. By opening up to others, including spiritual leaders, you allow yourself the opportunity to receive support, guidance, and understanding. Remember, even the strongest individuals need assistance at times, and there is no shame in reaching out for help when needed. Embracing vulnerability and humility can lead to profound transformation and a deeper connection with both others and with God. Allow those you open up to hold

you accountable for your actions and help you navigate through challenging times with wisdom and compassion; and spiritual guidance. By surrounding with a strong support system, you can cultivate a healthier mindset and develop coping mechanisms to overcome obstacles that come your way. Surround yourself with individuals who will uplift you and guide you towards a positive path. They will provide you with the necessary tools to navigate through life's challenges with grace and resilience.

3. Tips For An Accountability Program:

- A. Surround yourself with positive influences will help you stay on track and maintain a healthy outlook on life.
- B. Embracing challenges as opportunities for growth will empower to overcome obstacles with strength and determination.
- C. Prioritizing having the mind of Christ in every situation.
- D. Acknowledging my vulnerabilities and seeking assistance when needed is a courageous act that demonstrates strength and resilience.
- E. Cultivating a supportive network of individuals who genuinely care about your well-being is crucial for your overall happiness and peace of mind.
- F. Striving for personal growth and continuous improvement is a lifelong journey that requires dedication and self-reflection.
- G. Remembering to practice gratitude and mindfulness daily will help you stay grounded and appreciative of the present moment.
- H. Investing in your emotional and mental health is an investment in your future happiness and success; and you do this by developing a healthy relationship with God through His Word; prayer and fellowship with the brethren.



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WISDOM SEED

BY PASTOR OLUWATOMI OYEBANJI

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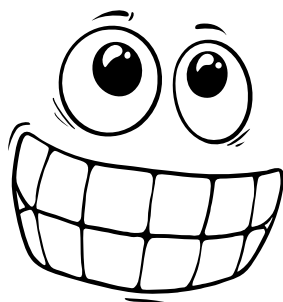
Show & Tell

A kindergarten teacher gave her class a “show and tell” assignment of bringing something to represent their religion.

The first child got in front of the class and said, “My name is Benjamin, and I am Jewish, and this is the Star of David.”

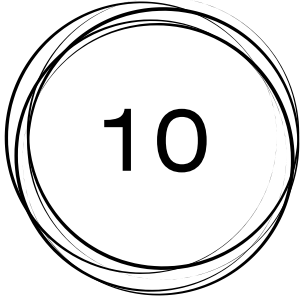
The second child got in front of her class and said, “My name is Mary, I am Catholic, and this is the Crucifix.”

The third child got up in front of his class and said, “My name is Tommy and I am Baptist and this is a casserole.”



REVIVAL'S FIRE

BY PASTOR RIAAN
ENGELBRECHT



10

LESSONS OF BIBLICAL *REVIVALS*

Hezekiah and Josiah

If we look at certain revivals, such as the one in Azusa or the awakenings in America, there are ways to tell if something is real or not. It is the same as knowing when a disciple is a true follower of God – they will bear the fruit of the Spirit. Real moves of God bear the fruit of true discipleship, a yearning for holiness, a turning away from sin (therefore accompanied by repentance), a love for the Word of God, and yielding and submitting to the Holy Spirit.

Such moves will also be accompanied by the wisdom of God and the will of God, and God's will is focused on His Kingdom, not the kingdoms or ideas or agendas of man. Anything else that is contrary to such fruit, therefore that displays the fruit of the flesh, is fake or demonic.

It will also have some sort of real and at times, lasting impact on the community. Since revivals is about God, then surely true revivals or awakenings will involve the lost, and will involve seeing a change towards holiness in the hearts of man. Before the look at some of the modern-day revivals, the Bible also mentions a couple of revivals in the nations of Israel.

Do you know that most likely the first revival took place in Genesis? It says in chapter 4, "26 And as for Seth, to him also a son was born; and he named him Enosh. Then men began to call on the name of the Lord." The Orthodox Jewish Bible says, "26 And to Shet, to him also there was born a ben; and he called shmo Enosh; then began men to call upon the Shem of

Hashem.” In Judaism, Hashem (literally “the name”) is a title to refer to God.

So in the days of Enosh (the grandson) people called upon the name of the Lord (Adonai as some translations says, meaning Lord or Master. This was surely the first revival, for this followed the fall of Adam and Eve into sin. How we need a revival and an awakening again where people as in the days of Enosh will call upon the Name of God! How we need people again who cry out to Him for their salvation, deliverance and hope! Nothing in this world is going to satisfy us, only the Lord Jesus. How we must pray that there will a worldwide cry for God!

Another revival was in the time of King Josiah. Remember, Israel as the southern and northern kingdoms were plagued by idolatry and immorality. The northern kingdom was especially plagued with evil kings, beginning with Jeroboam (931–910 BC), who intentionally caused Israel to sin by erecting golden calves in Bethel and Dan. From the end of King Solomon’s rule, thirty-nine good and evil kings reigned over Judah and Israel combined. Of the thirty-nine, a consensus is only five were good! One of the vilest kings was King Ahab who did more evil in his eyes than any other king before him.

When the Lord of heaven makes this kind of comment about a person’s life this reveals that God was not pleased with Ahab’s rule. He married a foreign woman named Jezebel who worshipped the god Baal and he built a temple to honour this god in Samaria. He also built altars and idols of another pagan deity named Asherah. He allowed Jezebel to kill godly priests and a godly man named Naboth.

It was because of all the idolatry and wickedness that the northern kingdom was eventually led away as captives at the hands of the Assyrians. The southern kingdom of Judah then followed years later at the hands of the Babylonians. There were good kings, particularly Hezekiah and Josiah who introduced sweeping reforms to revitalise Israel’s spirituality.

Hezekiah’s religious reforms are described in detail in 2 Chronicles 29-31. At the time Hezekiah began his reforms, both the political and religious climate in Judah were favourable to a return to God, or Yahweh. The prophets Amos and Hosea had been preaching reform in the Northern Kingdom before its demise in 722 BC, while Isaiah and Micah had been preaching a similar message in the Southern Kingdom, warning the leadership of Judah that they could not survive if they

continued oppressing the people and promoting the religious practices that were offensive to the religion of Yahweh.

According to the Chronicler, the first action Hezekiah took at the beginning of his reform was to open the doors of the house of the Lord and begin repairing the temple (2 Chronicles 29:3). As long as Sargon was alive, Hezekiah could not openly revolt against Assyria. He could not renounce the Assyrian gods immediately after he acceded to the throne because this would be considered an act of open rebellion against Assyrian control. Hezekiah began his reform by purifying Judah's religious practices. Hezekiah was able to take these steps toward independence because, according to Assyrian records, Sargon was preoccupied with rebellions in the northern part of his empire.

Hezekiah's reforms included the destruction of the local pagan shrines as well as the images that were in these shrines. According to 2 Kings 18:4, Hezekiah "removed the high places, broke down the pillars, and cut down the sacred pole. He also broke in pieces the bronze serpent that Moses had made, for until those days the people of Israel had made offerings to it; it was called Nehushtan."

The destruction of the bronze snake that Moses had made for the Israelites during their sojourn in the desert (Numbers 21:4-9) shows that even this had become an idol.

Hezekiah was, therefore, successful in repairing and cleansing the temple and in centralising the worship of God in Jerusalem. His reforms included the celebration of the Passover, the destruction of the high places of worship, and the removal of pagan cult objects. Remember, Hezekiah grew up under the rule of his wicked father Ahaz, so he didn't exactly have a good role model to look to. God gave Hezekiah the prophet Isaiah to help him throughout his life. In the first month of his reign, Hezekiah immediately got to work and smashed down all the pagan altars and wooden images throughout the hills of Judah.

At the time of King Josiah, the Assyrian empire had fallen into chaos and it could no longer assert its authority in Jerusalem. Egypt also was weak, and Judah thus obtained an unusual degree of independence from foreign powers. The time was ripe again for some sort of revival. The time was ripe for Josiah, who was the

grandson of Manasseh. He ascended the throne at age eight after the assassination of his father, Amon, in 641.

We read of Josiah's incredible reforms in 2 Kings 22 and 23. The sequence of events was as follows: the Lord's house was rebuilt, the law was discovered, judges were called to confirm the truth and the law, there was then repentance among the entire nation, then the covenant was renewed, then the idols and false altars were destroyed and then God returned in His glory (in Ezekiel 10 we read of how the glory of the Lord left the temple). Josiah changed his form of leadership entirely, entering into a new form of covenant with the Lord. He also wiped out all of the pagan cults that had formed within his land. He, along with his people, then entered into this new covenant with the Lord to keep the commandments of the Lord. Of King Josiah in 2 Kings 23 we read: "25 Now before him there was no king like him, who turned to the Lord with all his heart, with all his soul, and with all his might, according to all the Law of Moses; nor after him did any arise like him." Josiah was a man who implemented sweeping reforms, which included destroying every false altar and everything that was erected in the land that stood against God. What Josiah did is what is

needed more than ever in churches, where every idol and anything that exalts itself against God, be it thought, deed, action or word, must be torn down. This needs to happen in countries, for the Bride of God needs to stand up as watchmen and cry out, yet cry out, against the immorality, the godliness and the unholy behaviour from coast to coast, from north to south, from west to east, yes over the valleys and in the mountains!

The Lord indeed proved harsh with His own chosen people whom He personally led out of Egypt's slavery and through the wilderness, all because of idolatry. Israel rebelled against God and constantly worshipped idols, including Baal, and suffered the consequences. Such idolatry plagued the kings of Israel, with only a few kings realising the errors of their ways. How God is looking for disciples like Josiah and Hezekiah that will address idolatry! It is rather shocking that in the days of Ezekiel, idolatry was openly practised in the Temple of the Lord. Yes, even the elders were guilty. These men were practising idolatry as forbidden by the Ten Commandments, and they were most likely engaged in forbidden practices of Deuteronomy 18. We need to understand and comprehend how God blessed Israel in the days of King Josiah because

the people again sought God's Kingdom and Truth, and because the people took action by destroying all things detestable and false in the land. Josiah's reformation still stands as a blueprint for revival – for it speaks of a return unto God, unto the Covenant, to walk in the ways of the Kingdom and to uphold such ways amid depravity, decadence and carnality.

The actions of Hezekiah and Josiah that sparked reform and a spiritual revival were very similar: they both focused on 'building' God's house (the temple at the time), they both focused on God's Law (for us this is the Word of God in its entirety), they reaffirmed the covenant with God, they led the people to repent, they cleansed the temple and they took action against all things unholy and impure. There was nothing fake about their actions or intentions. It was God-centered, not man- centred.

Josiah and Hezekiah did nothing to please themselves or to advance their agendas, they sought the Lord and in His truth, they corrected the path of the nation. For their obedience and a love for God's holiness, God blessed them.

Riaan Engelbrecht is the co-founder of Avishua Ministries and also serves on the board of Lighthouse Ministries. He has been teaching the Word for the past couple of decades, which included being involved with online Christian radio stations (Lighthouse Radio, Rainbow Radio) for many years, and also featured on Osasogie TV (Nigeria-based). He has written over 85 books to uplift, edify, prophetically guide and speak the Lord's will in the last of days. His heart's desire is to seek the world flooded with God's truth, for only such a truth sets free. To contact the author, send an email to prophetriaan@gmail.com or forward a WhatsApp message to 084 666 3070.





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Who we are?

Serenity Oak Recovery and Wellness Centre is a non-profit organisation, found by Pastor Pieter Engelbrecht, who has a TBH degree, as well as a Diploma in Apologetics. Pastor Pieter, as well as his wife Tanya, who has a bachelor's degree in Pastoral Counselling are well loved in their congregation and in their community. Serenity-Oak is designed to provide a drug and alcohol rehabilitation service in the Polokwane area of Limpopo Province, where there is a critical shortage of such facilities to address the

currently alarming statistics of drug misuse and addiction in the area. It is Serenity Oak's primary aim to provide a highly effective and expertly managed Recovery and Wellness centre, in a welcoming home-like setting, with the assistance of individually appointed specialized and appropriately skilled and qualified personnel. With a good success rate over the past three years, we are destined for greater things.

Our Vision

Our vision is to become the number one choice accredited drug centre for drug rehabilitation and recovery services, in Polokwane and the neighbouring rural regions. Provide a safe and professional environment for inpatients and give them the necessary tools to become viable in the society. To give them the life they deserve.

Our Mission

Our mission is to provide a professional, quality, and affordable service to anyone who needs alcohol and drug rehabilitation treatment and to give them the assurance that this is the best choice they made. The assistance of individually appointed specialized and appropriately skilled and qualified personnel.

Running the following Programs:

1. 12 Step plan of the Narcotic Anonymous.
2. Authentic Manhood
3. C.B.T Treatment (Cognitive Behaviour Treatment)
4. One-on-one sessions and counsel sessions
5. Recreational exercises

The 24/7 physical and emotional support of the well-trained staff members helps the road to recovery to become just that much easier. It is also very important to repair the broken relationships between the loved ones and the addict due to the behaviour of the addict, with the assistance of individually appointed specialized and appropriately skilled and qualified personnel regular counsel meetings between patients and family, the family bond will be reconciled. The road to recovery is always better when we stand together. "United we stand but alone we fall".

Our Goals

- Provision of counselling to corporate employees, individuals, couples, and

families. □ Provision of a temporary save-heaven for Alcohol and drug addiction patients. □ Provision of various therapeutic group sessions, including the provision of drug prevention and health maintenance groups. □ Development and provision of drug prevention and recovery plans and after-care services for recovered patients. □ Evaluation of patients' addictions and their readiness for treatment. □ Review and recommendations of treatment options with patients and their families/support groups. □ Assistance to patients to help develop their own treatment goals and plans. □ Development of the necessary skills and behaviours to enable patients to recover from their addictions. □ Work closely with patients to help them to understand and manage their behaviours and/or the situations that can interfere with their recovery. □ Educate patient's families and support groups about drug addiction and help them to understand and develop strategies to assist the patients with their recovery. □ Promotion of a sobrieties lifestyle and the provision of a support system for the after-care of recovered patients, providing them with the necessary tools and support to ensure they remain recovered. □ Prepare the patients to not only recover from their afflictions, but also to be able to fit back into society as productive members of their community.

Sponsorship

Because of our nature of business, we are a Non-Profit Organisation, and we are fully relied on the sponsorship of the community. There are a lot of needy people that we had to showaway because of funding. We would love if the big businesses can become involved and sponsor us, through your sponsorship we can help the needy and the business sector of Polokwane can become personally involved in a good "cause" that will improve the quality of life of everyone.

□ Sponsor a bed:

Provide finances to accommodate some one who can not afford to be in rehab.

□ Food Sponsors:

Provide Dry Ration, can food, mielie meal, spaghetti, meat. Building materials:

Sament, wooden or steel Poles, IBR Roof

Sheets, Channel Iron, Bricks, Fire extinguishers, plastic pipes, Bedding: Duvet, pillows, fitting sheets, blankets, mattresses.

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Acc Type: Current Account
Acc No: 1050950127
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